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"What our cities can become (sustainable, smart, sharing and resilient) and who is allowed to belong in them (recognition of difference, diversity, and a right to the city) are fundamentally and inextricably interlinked.

We must therefore act on both belonging and becoming, together, using a just sustainability as the anchor, or face deepening spatial and social inequities and inequalities."

Julian Agyeman Introducing Just Sustainabilities: Policy, Planning, and Practice



Truth and Reconciliation Commission's Calls to Action 87 to 91.

Sports and Reconciliation

88. We call upon all levels of government to take action to ensure long-term Aboriginal athlete development and growth, and continued support for the North American Indigenous Games, including funding to host the games and for provincial and territorial team preparation and travel.

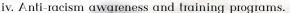
89. We call upon the federal government to amend the Physical Activity and Sport Act to support reconciliation by ensuring that policies to promote physical activity as a fundamental element of health and well-being, reduce barriers to sports participation, increase the pursuit of excellence in sport, and build capacity in the Canadian sport system, are inclusive of Aboriginal peoples.

go. We call upon the federal government to ensure that national sports policies, programs, and initiatives are inclusive of Aboriginal peoples, including, but not limited to, establishing:

i. In collaboration with provincial and territorial governments, stable funding for, and access to, community sports programs that reflect the diverse cultures and traditional sporting activities of Aboriginal peoples.

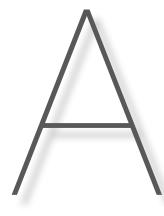
ii. An elite athlete development program for Aboriginal athletes.

iii. Programs for coaches, trainers, and sports officials that are culturally relevant for Aboriginal peoples.









PLAN INTRODUCTION.

This Recreation Master Plan brings into the municipal recreation conversation important matters: how to embrace and support the Inuit way of being, gender inequalities, inclusivity, suicide and mental health, the use of local resources, and building and supporting local capacity to sustain a circular economy.

Plan Summary

This Recreation Master Plan is intended to guide the scope and priorities of the Recreation Department in Iqaluit for the next ten years from 2020-2030. The Plan reflects the unique challenges and opportunities found in Iqaluit, such as its location, geology and terrain, climate, population and demographics, and the land ownership system among other things.

Nowhere else in Canada is the deep-rooted connection between the natural environment and human recreation more evident than in the Arctic. Inuit have thrived in the challenging Arctic environment for thousands of years owing to a highly innovative and ecologically-grounded subsistence system based on harvesting. Given the dramatic contrast between short, warm summers and long, cold winters, Arctic communities have evolved a unique recreational environment distinct from the south.

In an environment where social connection is critical for survival, and urban structures scarce, recreation facilities take on the role of social infrastructure. Therefore, recognizing that facilities are not only physical but also spiritual places that serve purposes of healing, socialization, free play, and alleviating loneliness, widens our understanding and acceptance of what a facility should and could be.

By being open to including alternative roles for the facilities, we acknowledge and accept that the needs of residents goes beyond the pre-established notions of recreation, and that we must find our own ways to embrace local values, and to support Iqalummiut to sustain a lifestyle that fulfills them

Traditional measures of success in Recreation are largely facility utilization rates and program participation. But in Iqaluit, the Recreation Department has a wider role. There is a need to create environments where all people can feel safe and find inspiration for their future. By celebrating Elders and children and creating a place to congregate, there is an opportunity to alleviate loneliness and nurture the communal life. By providing opportunities for the community to come together through facilities and programs there is an opportunity to bring the various cultures in Iqaluit together that will enrich each other. For all these reasons, Providing inclusive facilities and programs that support a healthy, social and active lifestyle is paramount.

The Vision for recreation in Iqaluit from 2020-2030 aligns with the Sustainable Community Plan 2017. The Sustainable Community Plan 2017 is grounded in the spirit of Inuit Qaujimajatuqangit, which signifies the commitment made by the City of Iqaluit to incorporate Inuit knowledge and practices into planning decisions.

"We are a prosperous, healthy and connected community. We respect and care for our land, each other and ourselves"

In adopting a Vision for recreation that puts people, community connections and sustainability in the center of the picture, the City of Iqaluit will shift away from a focus on facilities to a customer focus that puts the needs and preferences of Iqalummiut first.

This is a shift from measuring the success of the Recreation Department by how well facilities are utilized to how healthy and happy Iqalummiut are. It is a commitment to listening to the needs of customers and developing programs and finding facilities that can meet these needs. It is about being able to communicate effectively with all Iqalummiut about what the City has to offer. The shift means that recreation must be as inclusive as possible to all, with an understanding that some priority customers have greater needs like we see in health care. For many of these priority customers recreation can be a life saver, and this must be acknowledged.

The City has limited resources and many of the needs of Iqalummiut can be met through community partners. The role of the Recreation Department is to identify these needs, and to meet these needs with the help of community partners. This can include sharing facilities and supporting or partnering on programs. To support this shift, additional staffing resources are required at the Recreation Department. Staff will have to spend more time managing communications with Iqalummiut and community partners. Effort will be required to develop new City programs and support community partners all while continuing to manage existing facilities.

There are five Key Strategies that are identified to shift to a customer focus.

IMPROVE COMMUNICATION

A critical aspect of a customer-focused delivery is relying on a Recreation-dedicated communication platform. Designed as a two-way communication channel, and covering traditional and modern communication techniques, the platform will be able to both inform the community and to record feedback from the community, in real time.

IDENTIFY PRIORITY CUSTOMERS

Identifying collectively the demographic segments that need more support to thrive, informs the decision-making process of Recreational services. Based on this information, programs may be adapted, and new ones created, and the department can prioritize community partners, to help with program delivery.

DELIVER PROGRAMS COLLABORATIVELY

Creating strategic partnerships with existing user groups and other community partners, will help overcome staff challenges and to broaden the programming range. By engaging into a collaboratively program delivery, the department capacity will widen, along with the diversity in content and delivery of the programs, therefore reaching a wider demographic.



DELIVER FACILITIES COLLABORATIVELY

To address the challenges of a small civic population, limited local facilities, no nearby communities, and the availability of limited resources an alternative approach to deliver facilities is necessary. By working with other private and public facility operators the City will be able to support these partners and address the needs of customers. By utilizing outdoor natural amenities (spontaneous sites) the City will be able to support the activities customers are already doing and offer additional services.

RE-ORGANIZE BUSINESS UNIT

To support a customer focused, collaborative service delivery, the department will need to re-organize. Key positions to manage the partnerships and collaborative delivery will be created, communication within the department and with other municipal business units will be improved.

Each of the five key strategies has been broken down into initiatives and more specific actions. To facilitate the implementation of the Recreation Master Plan a series of tools have been developed to guide Recreation personnel. The implementation Tools come as printable templates, containing a series of set-up guides, assessment charts and forms. Justifying the decision-making process, the Implementation Tools are valuable documents that can be used to seek funding, to discuss partnerships, and keep track of the overall performance in achieving the Master Plan goals.

The 2020-2030 Recreation Master Plan brings into the municipal recreation conversation important matters: how to learn from, embrace and support the Inuit way of being, gender inequalities, inclusivity and belonging, suicide and mental health, the use of local resources, and building and supporting local capacity to sustain a circular economy. It reflects the value of recreation to society.

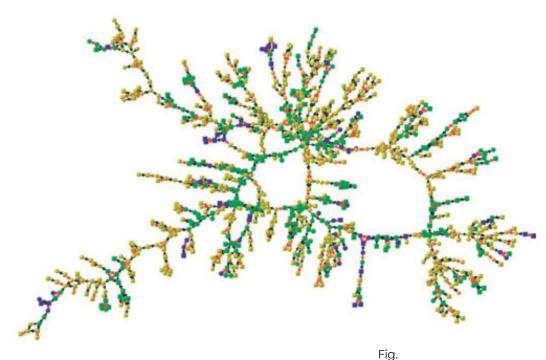
rec . re . a . tion \mid recreation the experience that results from freely chosen participation in physical, social, intellectual, creative and spiritual pursuits that enhance individual and community wellbeing



Loneliness and the social network

Research by Cacioppo, Fowler, Christakis, 2009

"Loneliness feels the same as pain and hunger"



Researchers Cacioppo, Fowler and Christakis show in this research diagram that:

"() A portion of the social network, which demonstrates a clustering of moderately lonely (green nodes) and very lonely (blue nodes) people, especially at the periphery of the network".

Loneliness is contagious

"An important implication of this finding is that interventions to reduce loneliness in our society may benefit by aggressively targeting the people in the periphery to help repair their social networks. By helping them, we might create a protective barrier against loneliness that can keep the whole network from unraveling."



Recreation Master Plan

The 2020-2030 Iqaluit Recreation Master Plan for the City of Iqaluit updates the Recreation Master Plan of 2011. The new plan sets out priorities for the Recreation Department for the 2020-2030 period to inform investments in facilities and programs for Iqalummiut (the people who make Iqaluit their home). The Master Plan is based on a proactive approach, meaning that it is focused not only on improving what the City already delivers, but also on opportunities that will represent the best investments for the future.

Significant challenges the City is facing includes a declining participation rate in the current programs, particularly with the Inuit population. In general facilities are under-utilized in summer and in winter the facilities, while well utilized, offer very limited recreation choices. The Master Plan was initiated to address these challenges and those identified through the process by the public and stakeholders.

The City of Iqaluit values recreation as both a key contributor to residents' quality of life and an important medium to foster cross-cultural learning in a diverse community. The City aims to improve the quality and quantity of recreational services for all residents, both in terms of the types of services offered and the levels of participation in recreational programs.

For the purposes of this Plan, recreation refers to "the experience that results from freely chosen participation in physical, social, intellectual, creative and spiritual pursuits that enhance individual and community wellbeing." Recreation is a fundamental human need. The forms it takes are connected to culture, the environment, personal abilities and values. The diversity in types of recreation is astonishing, from surfing off the beaches of Australia to horseback riding on the Mongolian steppe, to learning how to use a sakuut in a community centre.

This Plan recognizes that recreation is essential for the mental and physical health of all people, and that what people choose to do in their leisure time reflects both their culture and the recreational opportunities available to them. Finding the optimum match between what Iqaluit already provides through formal and informal recreational opportunities and what a diverse community wants is the goal of the 2020-2030 Iqaluit Recreation Master Plan.



The 2020-2030 Iqaluit Recreation Master Plan proposes a path forward for the City to provide recreation facilities and programs to achieve the vision presented in the Sustainable Community Plan. The Plan is based not only on a review of what the City delivers and the information it collects, but also on a strategic examination of current trends in recreation from across Canadian and in relation to the unique context of Iqaluit. Special attention is given to recreation trends effecting youth and Inuit participation. Research for the plan also sought to understand why rates of participation in some of Iqaluit's recreation programs appear to be declining.

Consultation with the community provided critical information that helped direct the recommendations of this Plan. The project actively sought and obtained input from residents, recreation user groups, recreation participants, community organizations, City staff and Council, and other stakeholders. This consultation, called LocalsKnow by the consultant team, is a principle through which the 2020-2030 Iqaluit Recreation Master Plan has been developed. LocalsKnow is based on the belief that the planning teams can learn from direct communication, observation and participation with local people. Knowing more means better facilities and programs that are aligned with community needs, values and priorities.

This Plan not only makes key recommendations on priorities and actions for the near future; it also includes a planning tool kit that can be used to focus actions around the key recommendations of the Plan over a long period.

Pilimmaksarniq/Pijariuqsarniq
Ac*L*\s*** / AħA**\s***

[Development of skills through observation, mentoring, practice and effort]

unuit Qaujimajatuqangit

Inuit knowledge and recreation

In every culture, including Inuit culture, recreation is about more than play and leisure. Children learn how to manage anger, feel pride and test their creative and physical limits. They practice skills that are essential for adulthood. Distinctive Inuit games, such as high kick or knuckle hop, represent only a fraction of the activities that cross into the category of recreation. Drumming and dancing, for example, can be enjoyed simply for the pleasure of listening and moving, but songs are also a medium for sharing knowledge and explaining protocols and laws important to a community. Almost all Inuit games, such as the harpoon throw and nugluktaq, help individuals develop dexterity and accuracy used for hunting and travel. In sum, every traditional Inuit leisure activity also carries a strong learning component.

The biennial Arctic Winter Games are an important event on the northern sports tourism calendar in a friendly spirit of competition and cross-cultural exchange. The event provides a structured opportunity for people to play Arctic, northern and Inuit sports, while also showcasing culture and community spirit.



Recreation in Inuit culture

Since the beginning of time, Inuit beliefs and values, philosophies and worldviews, and their natural and societal laws have guided their survival, adaptability, and technological ingenuity. Through their intimate connection to Sila (the universe, sky, air, land, ice and water) and the Uumajuit (those that are living - sentient beings and animals), their hunting & gathering culture gave them the tools and resources to thrive in challenging Arctic environments and ecosystems.

The Inuit life of hunting and gathering was based completely on living and traveling on the land. For Inuit to carry out this incredible life, it was necessary to embody healthy physical, spiritual, and mental and human qualities and practices. As each generation of Inuit came to be, their lives were nurtured to develop and possess strength, agility, endurance, and mental toughness as well as empathy, sharing, patience -and most of all love- to carry on the cycle of life. All of these human traits were developed while living on the land. Most importantly, it was through family and group interaction and activities during the hunt or during leisure time when the teaching and transfer of knowledge and skills took place. Storytelling, songs and drumming, as well as a variety of mental and physical challenges and games formed societal bonds that were critical activities that held Inuit societies together. From string games to strength and endurance games like the one and two-foot high kicks and other traditional games, Inuit built a foundation for a strong society.

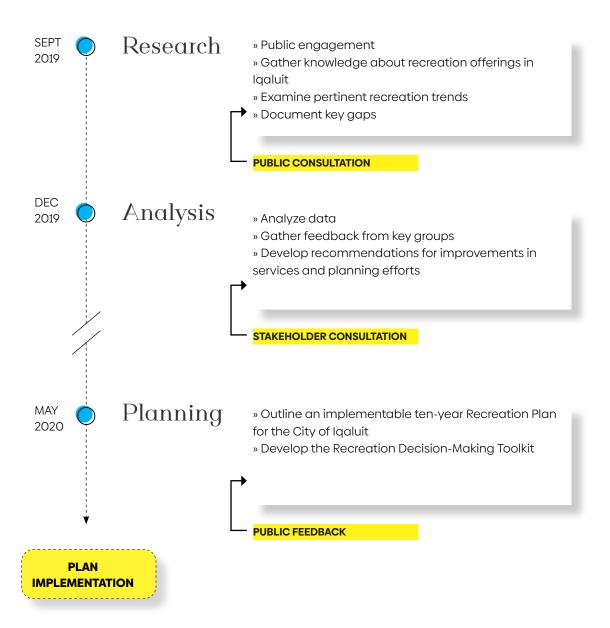
Through these leisure past-times, hunting and gathering, and/or sport and recreation activities, Inuit learned all that was necessary to make a human being whole.

Pitseolak Pfeifer, Inuit Solutions

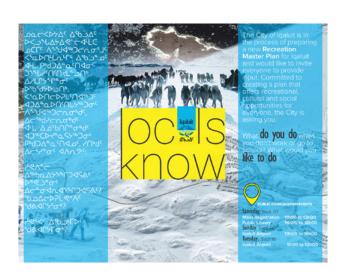
Member of the Consulting Team



Planning Process

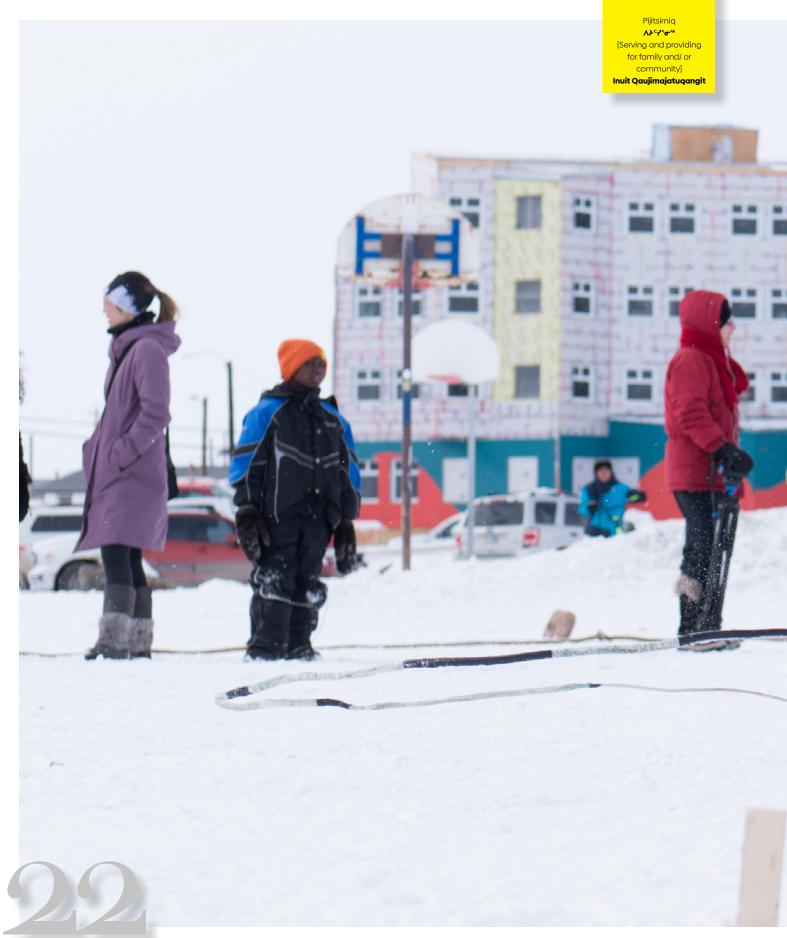


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LocalsKnow

Rather than applying generic planning models to Iqaluit, we've turned instead to the locals to learn about their recreation traditions, inspired and adapted by local realities. With this approach, we developed a Recreation Plan that is rooted in local realities and reflects the social logic of Iqalummiut.





MASTER PLAN CONTEXT.

The new framework of the 2020-2030 Iqaluit Recreation Plan is inclusive of cultural programs, representing a shift from the previous recreation plans for the City.



Recreation in context

International

Globalization and internet communications allow ideas, information and products to be distributed far more quickly and cheaply than in the past. While some new recreation products seen in other parts of the world can be adopted or adapted by Iqalummiut, others require outdoor or indoor spaces that cannot be replicated easily in Iqaluit. The increasing use of online instructors for home-based exercises, such as yoga and stationary cycling, is a trend that can be readily applied in Iqaluit, but other trends, such as extreme sports connected to specific kinds of outdoor spaces, would need to be adapted to the area's environment and weather.

Canada

While many sports, such as hockey and soccer, are played in all towns and cities in Canada, countless other organized and informal activities constitute the recreational fabric of the country. Canadians are particularly drawn to spontaneous recreational activities, such as pick-up games of basketball or drop-in fitness classes.

The Interprovincial Sport and Recreation Council and the Canadian Parks and Recreation Association have identified five key goals for improving access to sport and outdoor recreation opportunities over the coming decade

- · Encourage more people to have an active lifestyle
- · Expand recreation to be more inclusive and universally accessible
- · Emphasize connection to nature by improving trails, pathways and park services
- · Create supportive environments that encourage people to come together to recreate
- · Improve and expand existing infrastructure to ensure sustainable growth within the recreation sector

Most cities in Canada integrate opportunities for physical activities, sports, culture and arts services into a single plan. The City of Iqaluit's recreation buildings and programs are almost entirely weighted towards the delivery of sports and physical fitness programs.

The new framework of the 2020-2030 Iqaluit Recreation Plan is inclusive of cultural programs, representing a shift from the previous recreation plans for the City.



E-SPORTS: ONE TO WATCH

In reviewing various types of recreation and leisure activities that are popular globally, one of the most pertinent examples for Iqaluit is eSports, also known as electronic sports. The activity is similar to multiplayer, online video games but it is played by professionals who make money from winning games and attracting spectators who watch online or as part of a live audience. The popularity of eSports has surged in recent years. With plans to provide high-speed internet in Nunavut, to the popularity of eSports in Iqaluit is almost certain to increase, both with new players and more spectators.



Igaluit

From a general Canadian perspective, Iqaluit is distinct because over half of the city's population is Inuit. From the perspective of Arctic communities, however, Iqaluit seems different because so many of its residents come from other cultures and countries. The city is unique, no matter which lens is used. It blends aspects of Euro-Canadian urbanism with a strong commitment to living in harmony with the seasons, land and sea.

Throughout the dramatic transformations brought by the shifting seasons, the climate-adapted houses and businesses of Iqaluit bring colour, life, and art to the community year-round. Iqalummiut stay connected to neighbours, friends, and family by traversing the city and the surrounding landscape by foot, car, boat, bicycle, skis, or dogsled. People cherish this community connection, and Iqalummiut have a strong desire to pass knowledge to younger generations regarding the importance of subsisting off the land and finding spiritual solace in sacred places. The people of Iqaluit are resilient, creative, and adaptive, and these qualities form the foundation for the success and future growth of Iqaluit as a social and political leader in the Arctic.

SEASONAL PREFERENCES

Iqalummiut participate in a variety of different activities in both summer and winter. During winter (approximately 9 months of the year), indoor facilities see the heaviest use. In warmer months, however, Iqalummiut tend to prefer to stay outdoors and go out on the land or on the water for recreation.





Community Recreation Partners

In addition to the City of Iqaluit, approximately 40 groups and individuals, offer recreation programs in Iqaluit. The City promotes sport and group recreation services and supports selected programs through a fee assistance program. The City allocates space in its facilities annually accordingly to the departamental policy.

In addition to City-owned and spontaneous recreation sites, many other spaces are used for sport and cultural recreation purposes in the City in all seasons. The key spaces are school gymnasiums, the Iqaluit Centennial Library and Unikkaarvik Visitor's Centre, and the Nunatta Sunakkutaangit Museum. These third-party amenities complement municipal facilities and programs. They add variety to recreational activities in Iqaluit and attract different kinds of customers. The school basketball courts appeal to youth interested in spontaneous play, while the library, visitor centre and museum offer cultural programming and are more likely to be frequented by visitors to the city than City-owned facilities.

When implementing the City of Iqaluit's Recreation Plan, consideration will need to be given to broader types of activities that constitute 'recreation' and extend the types of places where these activities occur to include spontaneous and other types of sites.

THERE'S MORE TO IT

Recognizing that facilities are not only physical places, but can also have cultural and spiritual dimensions for users, widens the conventional notions about recreational facilities. By being open to including alternative types of facilities in the City's recreational inventory, the Plan acknowledges that the needs of residents extend beyond the preestablished conceptions of recreation.



Spontaneous Recreation in Iqaluit

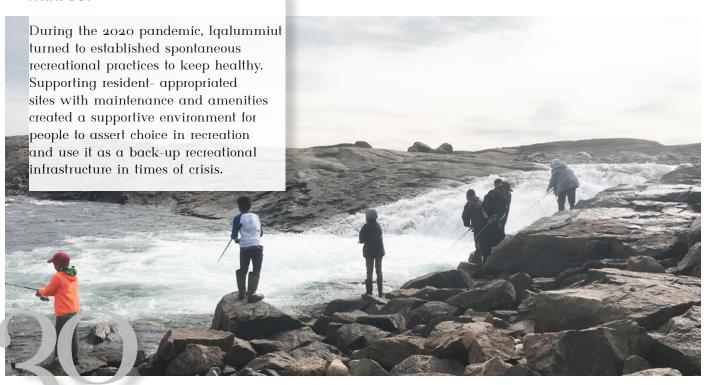
In Iqaluit and other northern communities, ample open space, a strong culture of land-based activities, and limited dedicated recreational facilities results in spontaneous recreation assuming an important and valued role in communities. It requires little or no organization with no fees and everything controlled by the participants.

The 2020-2030 City of Iqaluit Recreation Master Plan acknowledges the deeper and broader social importance of recreation by considering spontaneous recreational infrastructure as well. Spontaneous activities can be integrated in various ways into the municipal programming through a direct or indirect services that encourage participation, improve safety or protect the environment. Sports equipment can be loaned to participants, locations can be improved and maintained, and activities, such as skills development classes, can be offered.

BENEFITS OF SPONTANEOUS RECREATION

- » Is an inclusive and resilient recreational option
- » Is aligned with Inuit aspirations
- » Provides an understanding of the genuine leisure preferences of Iqalummiut
- » Teach us how non-curated traditional practices and modern recreational trends can coexist
- » Can be easily integrated into the City facility offering by providing Require minimal resources

A WAY OUT





Iqaluit's recreation landscape can be divided into three primary recreation platforms: municipal recreation, third-party recreation, and spontaneous recreation. While each platform has value on its own, they complement one another and add choice in recreation options for Iqalummiut.

MUNICIPAL

- Delivered by the City directly to residents
- Generally indoors using municipally owned infrastructure.

THIRD-PARTY

- Delivered by community organizations or businesses
- May be offered in spaces owned by the municipality or others
- Indoors and outdoors

SPONTANEOUS

- Unstructured and led by individuals (example: playing cards at a restaurant or dirt-bike racing behind houses)
- Opportunistic locations in all types of spaces
- Indoors and outdoors

In moving forward with recreation planning in Iqaluit, groups that operate or own third-party recreation programs and facilities will continue to be essential partners for the City to support more equitable, diverse, and appealing recreational opportunities.

Facility and Program inventory

By virtue of its size, the City of Iqaluit has more recreational facilities than other municipalities in Nunavut. Iqalummiut can participate in popular indoor sports, such as swimming, hockey and speed skating, and use community centres, such as the Abe Okpik Hall and Makkuttukkuvik Youth Centre. The City's programming is focused on activities available at the Aquatic Centre pools and fitness centre, as well as the arenas.

Although over half of the population of Iqaluit is Inuit, much of the present recreation opportunities offered by the City have little connection to Inuit culture. While the Makkuttukkuvik Youth Centre provides service to primarily Inuit youth, there are no ongoing recreation options provided by the City that are specifically designed around Inuit culture.

INDOOR

- Abe Opik Hall
- · Aquatic Centre
- · Arnaitok Arena
- Curling Rink
- · Arctic Winter Games Arena
- Youth Centre (part of AWG)
- · Elders' Qammaq

OUTDOOR

- 9 playgrounds
- 2 maintained basketball
- · 4 parks and plazas
- · 4 trails
- 2 outdoor ice rinks
- · 1 baseball diamond
- •1 breakwater

Sport = Organized physical play or practice for groups (soccer, dodgeball, hockey, etc.)

Arts, Culture & Heritage = Non-sport activities with an emphasis on creativity (dance, art, kamik making, photography classes, choir, etc.)

Special Events = Includes annual and one-time events where the public is invited (Canada Day celebrations, Toonik Tyme, Alianait, etc.)

Fitness = Physical activities targeted to individuals (yoga, HITT programming, aquafit, etc.)

Life Skill = Programs for learning and practicing skills that are useful for work or healthy living (cooking, swimming, meditation, etc.)

Social = Less structured activities that are focused on meeting people, conversation and cooperative learning (card-playing, Elder stories, knitting, etc.)



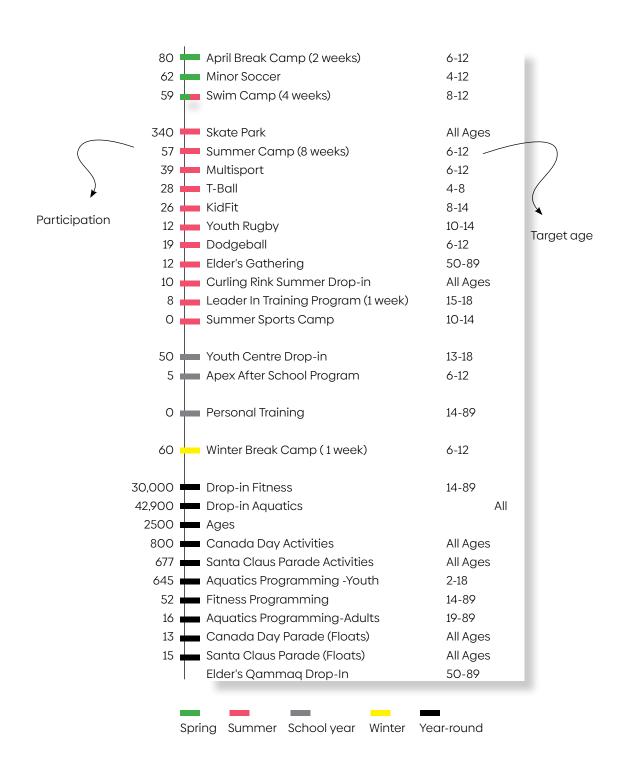


Fig.

Program participation (2018) by season and age group

WINTER RECREATION IN IQALUIT

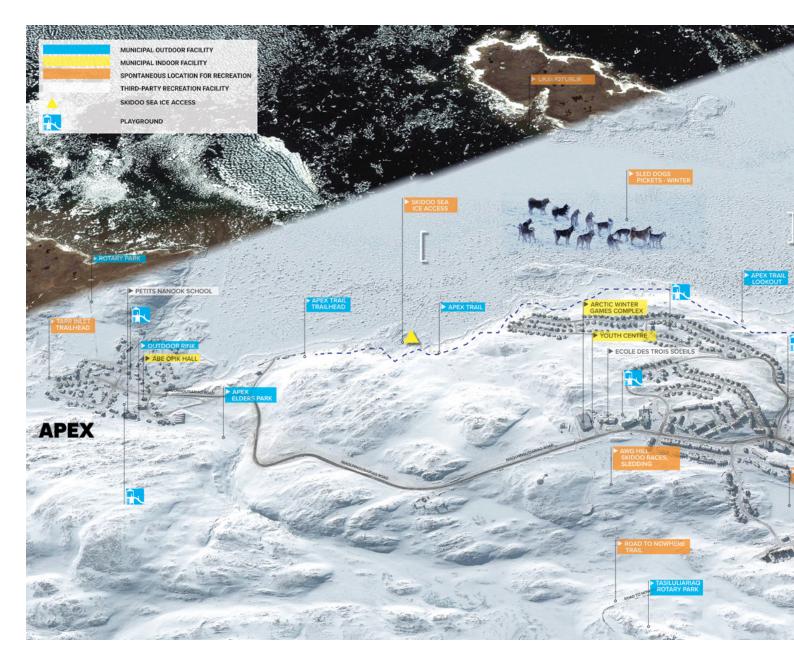


Fig.

Municipal facilities, third-party facilities and established spontaneous sites - WINTER







For a full size, print-out map, please refer to the image database.

INDOOR MUNICIPAL FACILITIES

AWG ICE

DIRECT

Public skate Family skate YC Skate

INDIRECT

None

RENTAL

Old Timers Hockey
Figure Skating
Speed Skating
Men's Rec Hockey
Women Hockey
Peewee, Bantam, Midget
Hockey
Petits Nanooks
Joamie School
Ecole de Trois Soleils
Aqsaniit Middle School
Rental (various)

AWG TURF

DIRECT

Family Drop-in Teen Drop-in YC Turf Programs YC Soccer Tournament Summer Day-Camp T-Ball

INDIRECT

None

RENTAL

Nakasuk School

Petits Nanooks

Joamie School

Aqsaniit School Inuksuk Daycare Aakuluk Daycare Minor Soccer IGLU Frisbee Co-Ed Soccer Kids on the Beach Parent & Tot Drop-In Rental (various)

YOUTH CENTRE

DIRECT

Teen valentine dance Expression through art Easter Ham Dinner YC Soccer Tournament Back-to-School Supply Drive YC Skate Spook-O-Rama Christmas Day Dinner Junior Chef Program

Children's Winter Break Camp Children's Spring Break Camp

Saturday Socials for Kids

Turf Programs (Soccer, Multisport, Dodgeball) Summer Day-Camp

INDIRECT None

None

RENTAL

Toonik Tyme Family Sliding

ARNAITOK ARENA

DIRECT

Family Skate Public Skate

INDIRECT

None

RENTAL

Aakuluk Daycare
Nakasuk School
Arctic College
Men's Rec Hockey
Old Timers Hockey
Women's Hockey
Figure Skating
Speed Skating
Atoms, Mites, Novice
Hockey
Bantam, Midget, Peewee

Isumaq Skate

Rental (various)

CURLING RINK

DIRECT

Drop-in Mini Putt
Drop-in Youth Ball Hockey
Drop-in Teen Ball Hockey
Drop-in Basketball
Drop-in Mini Tennis
Drop-in Teen Fit
Skateboarding
Kid Fit

INDIRECT

None

RENTAL

Broomball Curling Rental (various)

AQUATIC CENTRE

DIRECT

Drop-in Swimming
Adult Swim Fit
Swim for Success
Aquatic Leadership
programs
Swim camps (school
breaks)
Fitness Classes
Yoga
Personal Training
Boot Camp
Strength

INDIRECT

None

Spin

RENTAL

None

Fig.

Indoor municipal facilities and programming by service type (2018-2019)

ABE OPIK HALL

DIRECT

None

INDIRECT

None

THIRD-PARTY

After school Rental(various)

ELDERS' QAMMAQ

DIRECT

Qammaq Drop-in Elders Saturday's Socials Elders Gathering

INDIRECT

None

THIRD-PARTY

Rentals (various)



OUTDOOR MUNICIPAL FACILITIES

AQUATIC PROGRAMS	ICE-BASED PROGRAMS	AWG HILL	SOFTBALL FIELDS	NAKASUK GROUNDS	YOUTH CENTRE GROUNDS
DIRECT	DIRECT	DIRECT	DIRECT	DIRECT	DIRECT
Canada Day	YC Summer Kick-Off	None	None	Canada Day, St Jean	YC Summer Kick-Off
St. Jean Baptiste	Bonfire			Baptiste Day and	Bonfire
National Indigenous	Toonik Tyme Bonfire	INDIRECT	INDIRECT	National Indigenous	Toonik Tyme Bonfire
People's Day		None	None	People's Day	
	INDIRECT				INDIRECT
	None	THIRD-PARTY	THIRD-PARTY		None
INDIRECT		Toonik Tyme Family	Softball games,	INDIRECT	
None	THIRD-PARTY	Sliding	practices**	None	THIRD-PARTY
	None				None
THIRD-PARTY				THIRD-PARTY	
Alianait Arts Festival				Alianait Arts Festival	
Toonik Tyme				Toonik Tyme	

Fig. Outdoor municipal facilities and programming by service type (2018-2019)

PLAY GROUNDS

DIRECT

None

INDIRECT None

THIRD-PARTY

None

SUMMER RECREATION IN IQALUIT



Fig.

Municipal facilities, third-party facilities and established spontaneous sites - SUMMER





For a full size, print-out map, please refer to the image database.



SPONTANEOUS SITES IN SUMMER

KIDS BIKING

Streets Urban trails Geraldine creek

During summer months, kids-biking is one of the strongest trends and activities in lqaluit. Swarming the dirt roads, touring the neighborhoods or biking along Geraldine Creek, young girls and boys ride their bikes until dusk.

HIKING WALKING

Tarr Inlet Trail/ Trailhead Geraldine creek Hospital hill trail Road to nowhere Urban trails

Over 5000 years of land-based living, love of outdoors and the absence of a public transportation system (2019) set up the premise for an active pedestrian mobility, causing an intense use of unorganized urban trails as well as hiking trails around Igaluit.

BOULDERING WALL

Neat water station

Climbers set up a bouldering wall in Iqaluit for their own use.

HEALING PLACES

Apex Hills

Apex Hills include spiritual, healing and contemplative places, cherished by Igaluit residents.

CAMPING SITES

Road to Nowhere Causeway area

Established, unorganized camping areas are located around lqaluit, that residents enjoy using during summer months.

SOCIALIZING VIEWPOINTS

Hospital hill viewpoint Tarr inlet viewpoint Apex trail viewpoint

Everyone enjoys a good view over Iqaluit and the bay. There are some great viewpoints in Iqaluit itself and nearby.

Fig. Established, summer spontaneous sites



TO CONSIDER

Some trails, trailheads and spontaneous camp sites within the City are not services nor maintained, which is leading to deterioration of tundra and littering. Basic amenities and maintenance including trash cans and toilets can improve user experience and preserve tundra.

Children and youth enjoy biking in Iqaluit. The City of Iqaluit has the opportunity to support biking as life-long, healthy activity for individuals and family by designing and supporting programs such as bike repair and customizing clinics and bike safety courses.

Fig. RCMP Officer teaching kids bike road safety Source: Nunatsiaq (Aug 2016)

SPONTANEOUS SITES IN WINTER

SLIDING SNOWMOBILE HIKING SLED DOGS X-COUNTRY **SKATING** HILLS SKIING HOCKEY **TRAILS WALKING** STAGING Near Sylvia Grinell Park AWG hill North of Iqaluit Streets Streets Apex Joamie hill Snowmobile trails **Urban trails** Sea side Road to Nowhere Apex hill Geraldine Creek Geraldine creek Nakasuk The popular City-wide Deeply rooted in winter activity Winter walking Children, youth Snowmobiles Arctic and Inuit is practiced This highly and families have a longand hiking are traditions, raising around Igaluit. popular enjoy the sliding established as popular in sled-dogs is sport mostly hills around history of use winter as in an established practiced indoor Igaluit. in Iqaluit and summer. activity in Iqaluit. is, weather a network of In the absence The teams permitting, of formalized routes. are moved played outside. trails, winter seasonally, from hiking is mainly the ice in winter The improvised done on to the shoreline rinks are snowmobile in summer. used weather trails. permitting, during winter months.

Fig. **Established, winter spontaneous sites**

TO CONSIDER

Wind corridors and low temperatures minimize the time spent outdoors and sometimes makes it difficult to return back home. Building warming shelters protecting from the elements each 500 m, can improve the winter outdoor experience. Being a major attraction of any arctic visitor, the open staging area puts at risk both the uneducated visitor and the dogs. Minimal interventions can reduce safety concerns and introduce a valuable educational factor.

Fig.
Warming structures need not be
complicated. They can be as simple
as a wind-braking wall
Photo credit: inhabitat.com



Recreation communication

People in Iqaluit use a variety of methods to communicate with one another and learn about recreation opportunities in the city. They may use social media to communicate with family, but rely on the radio and posters in stores and at work to learn about events. In general, however, digital communications are becoming more important for everyone and offer benefits to the City in communicating directly with its residents to reach the widest audience possible and adjust services to the needs of customers.

OUTGOING CHANNELS

As of late 2019, two channels were used to share information from the Recreation Department. The first channel is managed centrally by the City through posters, updates the City's website, and media releases to radio stations and newspapers. For changes to programs and events, this channel is often too slow to be of use to customers, and some of the methods used - websites, posters, radio and newspapers - are less likely to reach youth. The second channel is the Recreation Department's digital outreach platform accessed through social media that informs the public about programs, closures and other time-sensitive messaging. This digital outgoing platform is responsive and adaptive. It is efficient and reaches all audience, especially youth and visitors to the City.

INCOMING CHANNELS

At present, information relevant to the City's recreation staff from the public, is received intermittently and informally, usually through individual phone calls, face-to-face inquiries at facilities, and emails. Occasionally, surveys have been distributed by the City during or after specific programs.

While these channels have merits, the information arrives in multiple formats that make it cumbersome to find and use for planning program changes or designing new ones.

Furthermore, almost all information comes from existing customers, rather than a broader segment of Iqalummiut who might be interested in recreation programs if they were adjusted to meet their needs.

OPPORTUNITIES FOR RECREATION DEPARTMENT

Receiving input from the community as a whole, not only from people registering for programs or paying for services, is essential for the Recreation Department to adjust its services, facilities and programs to meet customer needs and preferences.

Creating an efficient two-way communication platform dedicated to the Recreation Department that incorporates both traditional and social media channels has the potential to expand public awareness of available programming and activities. An improved communication system will also help to reach more customers, that are currently under-served.



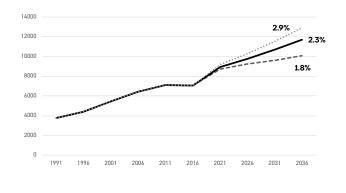
POPULATION BY AGE GROUP

IN IQALUIT (2016)

Community profile

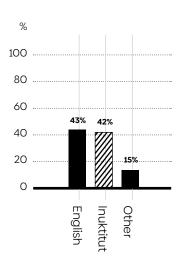
Demographic profile

POPULATION GROWTH PROJECTIONS IN IQALUIT



% 100 80 60 40 20 0 15 to 34 years old 25% 0 to 14 years old

SPOKEN LANGUAGES IN IQALUIT (2016)

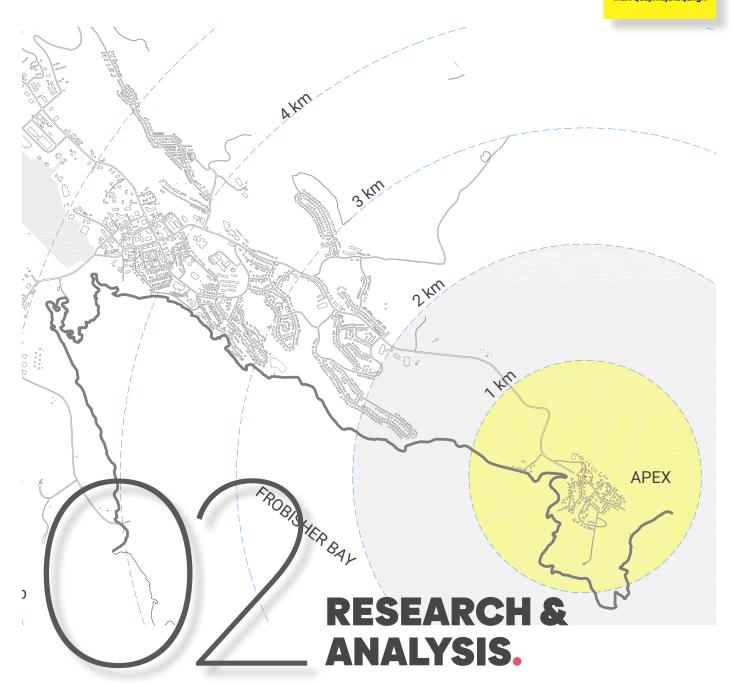


Aboriginal identity in Iqaluit **59%**

Income distribution in Igaluit (2015)

Income	# of people
Under \$5,000	425
\$5,000 to \$9,999	275
\$10,000 to \$19,999	380
\$20,000 to \$29,999	315
\$30,000 to \$39,999	260
\$40,000 to \$49,999	240
\$50,000 to \$59,999	270
\$60,000 to \$69,999	220
\$70,000 to \$79,999	245
\$80,000 and over	2,325
\$80,000 to \$89,999 270	
\$90,000 to \$99,999 310	
\$100,000 and over 1,750	

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By analyzing the rich data collected, the Analysis phase reveals a strategic path for aligning what the Recreation Departments wants to achieve with the community wants and needs.



Research conducted for the Iqaluit 2020-2030 Recreation Master revealed how Iqaluit's unique demographic, climate and cultural conditions can influence recreational opportunities. Additionally, the roles of recreational infrastructures were carefully analyzed to develop a complete understanding of the determinants affecting the current recreational model in Iqaluit. These determinants were physical, social, and administrative, each of which was shown to impact the performance of recreational facilities and programming within the City. The analysis was supplemented further by an innovative engagement strategy, LocalsKnow, through public engagement sessions held with diverse stakeholders to identify differences between what recreational options are available to Iqalummiut and what specific groups need and prefer. At the same time, trends and best practices in similar cities/ regions around the world have been identified.

Compiling and interpreting the complex database gathered, the Analysis phase establishes a strategic path for aligning what the Recreation Department wants to achieve, who it wants to serve and what the community needs. This holistic approach to recording what is, allowed to build a comprehensive image of the current state of Recreation in Iqaluit and set up a solid base anchored in local realities for the Master Plan Phase



Aajiiqatigiinniq จักรกิก้ารก [Decision-making through discussion and consensus] Inuit Qaujimajatuqangit

Public engagement

Asjiiqatigiinniq

Inuit have been practicing for generations a consensus based decision-making process. In an environment where societal cohesion is crucial for survival, the principle of Asjiiqatigiinniq is instrumental in finding the common ground.

SEPTEMBER 2019

Public consultation

POP-UP EVENTS	YOUTH CENTRE	ELDERS QAMMAQ	HIGH SCHOOL
Mass Registration Day The Iqaluit Airport Iqaluit Centennial Library The consultation events consisted of the team on hand talking to people, encouraging participation in the survey and providing input on an interactive activity and	Makkuttukkuvik Youth Centre The consultation events consisted of the team on hand talking to people, encouraging participation in the survey and providing input on an interactive activity and facility map	Elders' Qammaq Round table discussion PARTICIPATION 12 Elders 3 Visitors	Inukshuk High School The consultation events consisted of the team on hand talking to people, encouraging participation in the survey and providing input on an interactive activity and facility map
PARTICIPATION	PARTICIPATION 13 youth		PARTICIPATION 28

Pop-up events

KEY FINDINGS

- » Primary recreation facilities in Iqaluit (Iqaluit Aquatic Centre and arenas) are used, but people also enjoy land activities
- » People would like to be physically active in all seasons and are interested in outdoor activities, even when it is colder than -25 or -30 degrees Celsius
- » Prefer recreational activities to occur in the afternoons and evenings before 9 pm
- » Respondents want to combine exercise with socializing
- » Respondents participate in various community gatherings and event
- » Aspire to participate in more indoor cultural activities including art, dance, and music
- » Aspire to participate in more outdoor activities including cross country skiing, hiking and kayaking
- » Main barriers to accessing recreation identified as:

No available free time

Being unaware of recreation events

Lack or childcare

Inadequate facilities

- » Harvesting activities, such as hunting, fishing, and berry picking, are enjoyed for subsistence, spiritual, social and recreational purposes
- » More conventional winter and summer activities enjoyed in the south, such as cross-country skiing, bouldering, and hiking, are being adapted to Arctic conditions and practiced by many Iqalummiut of all backgrounds

IMPLICATIONS FOR THE RECREATION MASTER PLAN

- » Opportunities for socialization should consider in all recreation programming
- » The Recreation Department should consider changes to its communications systems to broaden the reach and timeliness of information
- » Childcare is an important consideration when planning recreation opportunities that are likely to be of interest to young families and especially to women



Youth Centre focus group

KEY FINDINGS

- » Youth want to spend time socially in active pursuits
- » Youth enjoy the Youth Centre as a place to socialize with friends and staff
- » The Youth Centre is a fun venue that provides a safe space to study
- » Youth use basketball courts, playgrounds, Aquatic Centre and the land for recreation facilities
- » To attract new users of the Youth Centre, youth think that free food (especially country food) might be a worthwhile option
- » Some youth spoke about the adverse social effects resulting from the beer and wine store and from alcohol-related issues throughout the year
- » Youth using the centre feel that a diversity of social activities would be welcomed, including, as examples: overnight programs on the land or in the Youth Centre; opportunities to cook together; and hosting a talent show

IMPLICATIONS FOR THE RECREATION PLAN

- » Providing opportunities for socialization would serve youth aspirations
- » Continue providing programming around food could attract more youth and create more opportunities for education and training

High School focus group

The engagement session consisted of a mapping activity that engaged approximately 28 high-school students during a lunch break.

KEY FINDINGS

- » The majority of students reported that they participate in social activities (75%), such as playing sports or hanging out with friends in social spaces.
- » About a quarter of the respondents reported that they work and participate in family activities.
- » Students were almost evenly split between those the preferred indoor activities (53%) vs those that prefer outdoor activities (47%).
- » Students would like to have access to spaces where they could use computers to complete homework
- » Students were interested in developing skills that could help them get good jobs, such as jobs with the Government of Nunavut, rather than general retail jobs.

IMPLICATIONS FOR THE RECREATION PLAN

- » Programs that have multiple benefits including being social, active, and help one achieve their educational and work objectives.
- » A volunteering program for youth should be considered.



Elders focus group

The Elders engagement session was held at the Elder's Qammaq with participation by 12 Inuit elders accompanied by some friends and family.

KEY FINDINGS

- » Elders emphasized that Inuit are active and social beings who value family and culture.
- » Transportation is a major barrier to recreation, both in terms of cost and accessibility. Elders would like the City to provide better access either in the form of an Elders' bus or taxi vouchers.
- » The Elder's Qammag is a safe space that has adequate hours of operation.
- » Elders would like more programming in the form of activities on the land.
- » While visiting the Elder's Qammaq, Elders would like to see more TV shows that are Inuit-focused and would appreciate hearing live music.
- » Elders would like more opportunities to interact with youth, contribute to their lives, and act as role models or provide life instruction.
- » The Elders try to be as active as possible, but winter conditions and physical health limit their activities.

IMPLICATIONS FOR THE RECREATION PLAN

- » People of all ages and abilities should be accommodated in recreation planning.
- » Cultural and artistic activities are relevant to many groups, including Elders
- » The Elder's Qammag represents an important component in the recreation infrastructure of Igaluit
- » Intergenerational activities are of high value to Inuit Elders.

"We really enjoy the Qammaq space. It is a place where we can support each other. It is good to be with each other" "We should be more part of these school kids lives. We need to stay connected. We do not get enough requests to go to places".



Community consultation notes

KEY FINDINGS

- » Best communication channels to engage the Inuit community are: service announcements on Facebook, Radio, posters at local stores and word of mouth
- » Inuit youth is inspired by local role models, heroes of popular culture, local celebrities, local comedy shows (Qanurli)
- » Events in Inuktitut-only attract massive Inuit participation
- » Inuit participation may increase with a right mix of service language: some in English, some in Inuktitut, some in both
- » Transportation is a barrier to participation; for families with three or more kids, participation can be costly; some community events were free, now they are not and a large family cannot afford
- » Youth Centre is a desirable program but the location requiring transportation is a major barrier; would be nice to have a bus picking up kids for the Youth Centre
- » Library is visited often

IMPLICATIONS FOR THE RECREATION PLAN

- » The Youth Centre could benefit of sharing transportation with the Elders' Qammaq
- » Reaching out to the Inuit community needs to incorporate communication channels that are specific and proved effective
- » Having a comprehensive fee assistance schedule can accommodate a large variety of family units and needs
- » Incorporate more inspiring programming for Inuit youth, using local role models
- » There is a need to incorporate Inuktitut in programming delivery



FEBRUARY 2019

Rights- and Stake-holder Engagement

EMAIL ENGAGEMENT

User groups Advisory groups Recreation partners

The consultation events consisted of the team sending email questionnaires to the rights and stakeholders.

PARTICIPATION **13**

"The city needs a large multi-use facility for use other than sport and recreation"

Rights- and Stake-holders engagement

Rights and Stake-holder groups included advisory groups, recreation partners and user groups. They were invited to respond by email to a questionnaire.

KEY FINDINGS

- » Most user-groups identified finding trained volunteers and coaches as a challenge for their group.
- » Performers need more spaces for performances.
- » The cost of program development and delivery is high, as is the cost of renting space.
- » Some groups would like to access more time using existing recreational infrastructure.
- » Groups would like to be able to offer more cultural and learning activities.

IMPLICATIONS FOR THE RECREATION PLAN

- » There is a need to have a multi-use facility open year-round (offering turf and floors appropriate for indoor recreation such as playground, frisbee, free play)
- » More facility time.
- » Structures supporting their activities



Trends and best practices



Recreation trends from other northern jurisdictions were reviewed for the Recreation Plan to position what Iqaluit imagines for itself in the context of what other communities are seeing as viable futures for planning recreation programs and facilities.

Gender

Across the Arctic, Canada included, there is a noticeable difference between male and female participation in sports and recreation, as women and girls tend to experience lower levels of engagement as both participants and program leaders. This trend is especially apparent amongst indigenous communities. In a similar state of under representation in Canadian recreational spaces are LGBTQ+ community members. Historically marginalized social groups may not feel a strong sense of belonging or social inclusion in traditional recreational spaces that fail to take into consideration their unique wants and needs.

The best way to address this recreational inequity begins at the local and municipal level with conscientious and intentional outreach to female and other under-represented community members of all ages. Steps to improve participation include increasing awareness of existing recreational opportunities as well as tailoring programming to better align with residents- specific interests and desired activities. The final step to ensuring greater recreational equity is to create a strong sense of physical and social belonging within all municipal recreational spaces.



Pamela Nakashook is the first certified female hunting guide in Nunavut's Kitikmeot region. Source: cbc.ca, 2017



Activities

Most popular outdoor activities among participants in an US survey include:

Running/Jogging/Trail Running (19.2%)
Freshwater/Saltwater/Fly fishing (16.4%)
Road Biking/Mountain Biking/BMX (15.9%)

Hiking (**15.9%**)

Car/Backyard/RV Camping (13.9%)

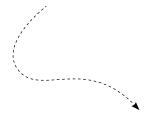
Life sports have become more popular. They include passive, spontaneous, non-competitive recreation such as biking, kayaking, tennis and swimming, jogging/walking

Growing popularity of E-Sports (electronic games) in younger people. There are events and tournaments have excellent potential for revenue generation and facility utilization, combining digital gaming with supplemental events and physical activity challenges. Preference for non-competitive sport activities. Outdoor recreation activities projected (between 2008 to 2030) to have the highest percentage growth in total days of participation are:

- · developed skiing
- · visiting interpretive sites such as nature centers, zoos, historic and prehistoric sites
- · day hiking
- · viewing/photographing birds
- · equestrian activities

Activities oriented toward viewing and photographing nature have been among the fastest growing activities, both in terms of number of participants and activity days of participation.

Life sports: Sports that can be done throughout one's entire life



How relevant are US trends for the Arctic, after all?



Activities oriented toward viewing and photographing nature have been among the fastest growing

E-Sports are on the rise, especially amongst the younger demographic



Programs

Functional fitness programs that focus on strength training and core stability with movements and exercises that improve balance and coordination, agility and endurance.

Fitness for life programs, such as Aqua Fitness, dance for fitness classes & Qi Gong, that can be enjoyed by anyone even as they age and physical abilities change Increase in programming for families, with children of all ages.

Programs that link fitness, health and socialization:

- · Community gardens, trails, and outdoor running groups
- · Group fitness
- · Pre-natal and post-natal combined wellness and fitness programs
- \cdot An increased focus on fundamental movement skills development illustrated in the Canadian Sport for Life (C4SL) and Long-Term Athlete Development (LTAD) models-equips individuals for lifelong participation.

Activities that connecting people with nature (9 in 10 Canadians would prefer to spend time outdoors hiking and nature programs for children and families)

Recognition of arts and cultural activities as activities that are part of recreation and wellness Individualized, informal activities that can be done alone or in small groups, at flexible times, near people's home.

Programs to allow all family members to participate in the recreation of their choice at the same time, such as parents using a fitness centre while children take swimming lessons.

Providing free events to the public, which utilize existing public spaces and can also take place in non-traditional spaces. They act as economic drivers which attract residents and tourists such as movies in the park

Integrated and complementary programs that remove barriers to participation in recreation by specific groups, including youth programs and scheduling and programs that allow greater participation by women

Programs that give youth a chance to learn new skills while also participating in a sport, such a learn-to-coach programs



In Tromso, Norway, there is a city-wide ski trail network and ski rental is free of charge for residents. 9 in 10 Canadians
would prefer
to spend time
outdoors

Free play is being
reconsidered as
valuable recreation
option around the
globe

Facilities

Providing close-to-home access to recreation hubs, social services, health and services.

Green energy, construction and maintenance solutions

Installing outdoor fitness equipment

Providing dedicated spaces for artistic and social activities and for community meetings Recognizing trails and multi-use paths as recreation facilities that need to be planned and maintained

Adding warming huts, sanitary facilities and drinking water to trail systems

Opportunities for small private leisure and recreational businesses to establish themselves in communities as public facilities downsize.

Preference for multi-functional buildings and re-purposing of existing buildings.

Designing for the flexible use of space through various techniques, such as adjustable barriers, movable walls, temporary bleachers, etc.

General trend away from new physical infrastructure, and instead cities are moving towards events. Emphasis on integrating the outdoor recreation environment with indoor facilities. Strategies include:

- \cdot Indoor/outdoor walking trails, indoor/outdoor child play areas, and indoor/outdoor aquatic facilities.
- · Views from inside facilities to the outdoors
- · Creating seasonal playgrounds outside recreational buildings using snow by building tunnels lined with tubes, snow slides, structures, etc.

Providing more facilities to support nature-based activities such as hiking, fishing, biking, viewing nature, camping, etc.

Municipalities are designing spaces to be inclusive by incorporating mobile technologies, resting spaces, and child-friendly spaces.



In Tromso, Norway, all large municipal parks have a warming structure every 100m or so.

Administration

More collaboration among municipal silos, such as recreation and business development/ tourism, health and cultural programs, libraries and recreation centres, services, including social services & health services with recreation facilities, and libraries with community centers – these collaborations provide walkable/bikeable spaces, intergenerational programs, playgrounds, child care services – all of which can incorporate public parks, providing close-to-home access for residents.

Increase efforts to adopt inclusive policies and engage members of the LGBTQ+ community. Privatization of recreation opportunities.

Providing leased or short-term rental spaces in recreation facilities to generate revenues that can sustain existing operations and fund expansion and/or renovations.

Overall levels of volunteerism have remained relatively stable. There are trends towards fewer hours per volunteer concentrated primarily between youth and seniors. Many volunteers are looking for work-related experience.

Partnerships with other public sector agencies and the non-profit and private sectors continue to be a vital part of sustainable parks and recreation delivery for municipalities.

Participation in Canada's \$65 billion dollar sport tourism industry is utilized by some municipalities both as an economic generator and effective tactic to leverage capital funding for new facilities.

Visitors

Sport tourism
Runners
Drop-in classes
Social events
Meeting spaces for business
Preparing for and returning from excursions
Cultural understanding and appreciation







Determinants

BEYOND THE OBVIOUS

The Social/Community/
Cultural determinants
acknowledge a wider
understanding and
acceptance of what
recreation and recreational
facilities can be.

Cities are complex systems which have many factors influencing the performance of recreation programs. It is important to avoid oversimplifying these complexities and to consider all relevant factors that could inform the municipal decision-making process.

The analysis of the current state of recreation in Iqaluit identified key determinants, factors that have a decisive outcome on the performance of recreation programs and facilities in Iqaluit. These determinants need to be clearly considered when making decisions about recreation in the City. The determinants help us understand a particular facility or program's opportunities and constraints, and it informs on possibilities for unlocking the full potential of recreation in Iqaluit. Analyzing the importance of the determinants is essential to achieving the vision of the Recreation Master Plan.

There are three major categorizes of determinants:

SOCIAL COMMUNITY CULTURAL

Diversity
Perception
Programming setup
Inclusivity
Sense of belonging

Social/Community/
Cultural determinants
acknowledge the
importance of human
connections, feelings,
expressions and
values and recognize
recreation's role in
supporting culture,
positive mental
and physical health
outcomes, alleviating
loneliness, socialization
and free play.

PHYSICAL SPATIAL CONTEXTUAL

Seasonality Spatial distribution Space utilization Functionality Physical condition

Physical/Spatial/
Contextual determinants are attributes of importance to visible tangible characteristics of a program or facility, such as size, condition and appearance, as well as surroundings, location and environmental relationships.

BUSINESS ADMINISTRATIVE ORGANIZATIONAL

Service delivery Income Staff

Business/Administrative/
Organizational
determinants recognize
that the provision of
recreational programs
and facilities by a
municipality relates
to financial capacity,
organizational agility,
and levels of acceptable
returns on investment
and risk.



For a detailed description of the determinants, please refer to Chapter 6 Recreation Determinants



SWOTanalysis

Strengths

- » The Aquatic Centre is a very successful facility, well used and provides both programmed and non programmed activities
- » Easy access to outdoor natural amenities
- » Iqaluit has a strong cultural identity
- » Igalummiut have an established tradition of enjoying outdoor activities in all seasons
- » Iqalummiut aspire to socialize
- » An Inuit culture with strong ties to a lifestyle rich in art, active games and social gatherings
- » Limited competition
- » Strong community of third-party recreation providers
- » Access to provincial and federal funding around recreation and culture
- » The Apex trail is a very well used facility
- » Specific popular recreation activities are inextricably tied to Inuit culture such as skidoo-ing, dog sledding, hunting, fishing
- » Committed recreation staff
- » Qammag is a well-respected facility in the community
- » Youth aspire to participate in more outdoor activities in both summer and winter
- » Youth Centre is used by many Inuit youth and has a positive perception
- » There is a desire by non-Inuit (including transient workers and tourists) to participate in Inuit cultural activities
- » The population of Iqaluit is growing
- » A very strong spontaneous cycling culture in young population

Opportuntities

- » Evaluate the feasibility of building a new indoor multi-use facility for winter use
- » Retrofit the Curling Rink to become a multi-use, indoor/ outdoor Recreation Hub
- » Evaluate merging the Aquatic Centre, Arnaitok Arena, Curling Rink and the parking lot (the entire block) into a central Recreation Hub with indoor / outdoor facilities and amenities for active and passive recreation, socialization and free play
- » Assert departmental role over Parks and Open Spaces by changing the Department name
- » Acknowledge, embrace cultural differences between Inuit and non-Inuit and support by incorporating cultural identifiers such as multilingual signage
- » Develop arts and culture programming around Inuit culture
- » Support outdoor activities currently done by residents in the community such as hunting and fishing
- » Develop facilities in collaboration with tourism
- » Increase utilization of facilities by providing outdoor amenities for passive recreation, socialization and free play
- » Bring Inuit and non-Inuit communities together through programs that convey a sense of belonging
- » Provide opportunities for elders to mentor youth
- » Support Igalummiut need for socialization
- » Develop working skills of youth through recreation
- » Provide monthly excursions on the land for youth and seniors
- » Integrate the Elders Qammaq into cultural programming ie. music and art
- » Prioritize the development of a new centrally located YQ to support and celebrate the role of Inuit youth in the community
- » Provide more food related programming at the youth Centre to teach and address food security issues
- » Provide recreation opportunities that allow for participation at anytime (cater to people with limited time)
- » An opportunity for all facilities is to build a mutually beneficial relationship with school boards and the City. The partnership can develop an effective joint-use agreement
- » To find funding and partnerships to create an integrated trail/pedestrian system that links recreation facilities and parks
- » To find alternative use for Abe Opik hall that supports the Apex neighbourhood
- » To find funding and partnerships to create an integrated trail/pedestrian system that links recreation facilities and parks with neighbourhoods

- » Increase programming opportunities through partnerships
- » Develop more intergenerational programming
- » Incorporate established spontaneous activities (i.e. camping) into the municipal inventory
- » Build programs and facilities to support the existing spontaneous cycling culture in the young population

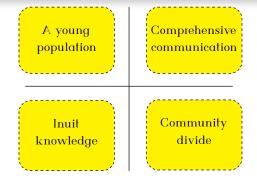
Weaknesses

- » Lack of gender equity in recreation
- » Limited Inuit cultural programs and activities
- » Limited outdoor facilities
- » Limited arts and cultural programs and facilities
- » Access to equipment and products related to recreation
- » Lack of an indoor multi-use facility in winter
- » Limited indoor gathering space in winter
- » Limited formal trails in and around Iqaluit
- » Access to computers and internet limits programming opportunities
- » Limited activities for elders in winter
- » Limited non-Inuit youth facilities
- » Limited programs that are drop-in that could be used by tourists and transient workers
- » Perception of limited recreation facilities
- » Lack of a communication platform to inform customers of recreation activities
- » Lack of centralized recreation platform for non-City providers
- » Lack of partnership and coordination between third party recreation providers and City
- » The Curling rink is a single use facility, the facility has been leased out for winter and the City does not control it, and it is not being optimize during the off season

Lack of indoor activities other than swimming for winter months

Threats

- » Ignoring the strong environmental, social and economic context of the City of Igaluit
- » Recreation Department human resource continuity
- » Coaching and skill expertise shortage
- » Limited internet access
- » State of emergency or crisis
- » A divided community Inuit/non-Inuit
- » A greater divide between Inuit and non-Inuit community
- » Social inequalities
- » Limited access to transportation by customers ie. elders
- » Lack of childcare in the community
- » Crime including vandalism, theft
- » Social issues including mental health, drug abuse
- » The ice plant at the Arnaitook Ice Arena is past its anticipated life expectancy
- » The City does not have a reserve fund for Recreation and Parks
- » The Aquatic Centre does not have a reserve fund. The pool requires a reserve fund as major repairs may start happening within the next 8-10 years
- » A shutdown of any one of the major recreation facilities operated by the City will put considerable stress on the recreation system in Iqaluit





2020-2030 STRATEGIC PLAN

The Strategic Plan for the 2020-2030 Recreation Master Plan is a decisional blueprint for recreation within the City of Iqaluit. It envisions changes over the next ten years to achieve measurable improvement in the recreation services of Iqaluit.

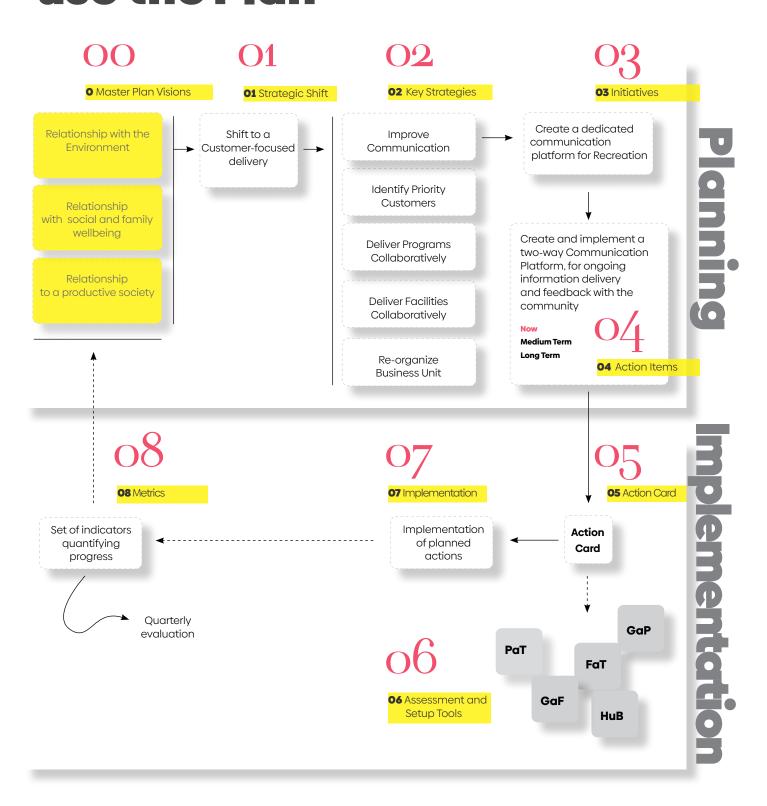
The Strategic Plan aims for the City of Iqaluit to augment and adjust current programs and facilities towards opportunities that not only reflect Inuit cultural traditions and recreational activities, but also celebrate and incorporate the uniqueness of the Arctic landscape and the diversity of Iqalummiut. The Strategic Plan also focuses on achieving broader participation in recreation programs and facilities, especially by underrepresented groups.



STRATEGIC PLANNING.

It's a great time to be young in Iqaluit.

How to use the Plan



Moster Plan Vision

We are a prosperous, healthy and connected community.
We respect and care for our land, each other and ourselves.

The long-term vision for lqaluit in the Recreation Master Plan, based on the Sustainable Community Plan.



The Recreation Master Plan is tightly aligned with the Iqaluit Sustainable Community Plan (2017), a long-term, holistic plan to guide the city's future. The Sustainable Community Plan is grounded in the spirit of Inuit Qaujimajatuqangit, which signifies the commitment made by the City of Iqaluit to incorporate Inuit knowledge and practices into planning decisions. It also aims for good decisions that take impacts on future generations into full consideration.

The Recreation Master Plan also embraces strategic framework of the Sustainable Community Plan in describing the key relationships, thematic priorities, and actions specifically relevant to recreation that will help achieve the Vision.

RELATIONSHIP WITH THE ENVIRONMENT

- 1. Beautify our community
- 2. Active outdoors
- 3. Environmental sustainability
- 4. Responsibly manage energy, water, waste

RELATIONSHIP WITH SOCIAL AND FAMILY WELLBEING

- 1. Promote personal wellbeing
- 2. Support strong Inuit identity
- 3. Healthy families
- 4. Food for everyone
- 5. Nurture creativity, play and sports
- 6. Connect our community

RELATIONSHIP TO A PRODUCTIVE SOCIETY

- 1. Everybody contributing
- 2. Lifelong learning
- 3. Designing for our future community
- 4. Mobility for people and goods
- 5. Better
- communication
- 6. Manage community emergency

Fig. **Rela**t

Relationships and thematic priorities of the Sustainable Community Plan



Strategic shift

In adopting a Vision for recreation that puts people, community connections and sustainability in the centre of the picture, the City of Iqaluit will shift away from a focus on facilities to a customer focus that puts the needs and preferences of Iqalummiut first.

/02

Key strategies

SHIFTING TO A
CUSTOMER-FOCUSED
DELIVERY

ST1

IMPROVE COMMUNICATION

A critical aspect of a customer-focused delivery is relying on a Recreation-dedicated communication platform. Designed as a two-way channel, and covering traditional and modern communication techniques (analog and digital), the platform will be able to both inform the community and to record feedback from the community, in real time.

ST2

IDENTIFY PRIORITY CUSTOMERS

Identifying collectively the demographic segments that need more support to thrive, informs the decision-making process of Recreational services. Based on this information, programs may be adapted and new ones created, and the department can prioritize community partners, to help with program delivery.

ST3

DELIVER PROGRAMS COLLABORATIVELY

Creating strategic partnerships with existing user groups and other community partners, will allow to overcome staff challenges and to broaden the programming range. By engaging into a collaboratively program delivery, the department capacity will widen, along with the diversity in content and delivery of the programs, therefore reaching a wider demographic.

ST4

DELIVER
FACILITIES
COLLABORATIVELY

To address the challenges of a small civic population, limited local facilities, no nearby communities, and the availability of limited resources an alternative approach to deliver facilities is necessary. By working with other private and public facility operators the City will be able to support these partners and address the needs of customers. By utilizing outdoor natural amenities (spontaneous sites) the City will be able to support the activities customers are already doing and offer additional services.

ST5

RE-ORGANIZE BUSINESS UNIT

To support a customerfocused, collaborative service delivery, the department will need to re-organize. Key positions to manage the partnerships and collaborative delivery will be created, Communication within the department and with other municipal business units will be improved.

Fig. List of key Master Plan strategies





SHIFTING TO A **CUSTOMER-FOCUSED DELIVERY**

IMPROVE COMMUNICATION

IDENTIFY PRIORITY CUSTOMERS

DELIVER PROGRAMS COLLABORATIVELY

DELIVER FACILITIES COLLABORATIVELY

RE-ORGANIZE BUSINESS UNIT

ST1/IN1

Create a dedicated communication platform for Recreation

The Recreation Master Plan links

each sub-strategy with recommended

initiatives and more specific actions.

Initiatives are projects that include

a scope, budget and start/end date.

When other initiatives are proposed,

they will need to be evaluated using

the Recreation Master Plan's Vision

ST2/IN1

Identify priority customers

see diaaram

ST3/IN1 Identify program

partnerships ST3/IN2

Identify barriers to participation

ST3/IN3

Evaluate existing programs using the Tools

ST3/IN4

Evaluate spontaneous activities using the Tools

ST3/IN5

Create and evaluate new programs using the Tools

ST3/IN6

Create innovation platform for recreation

ST3/IN7

Implement new programs

ST4/IN1

Identify facility partnerships

ST4/IN2

Identify barriers to facility use

ST4/IN3

Evaluate to expand and retrofit existing facilities using the Tools

ST4/IN4

Evaluate spontaneous/ unorganized sites and third-party facilities using the Tools

Evaluate/ design new facilities using the Tools

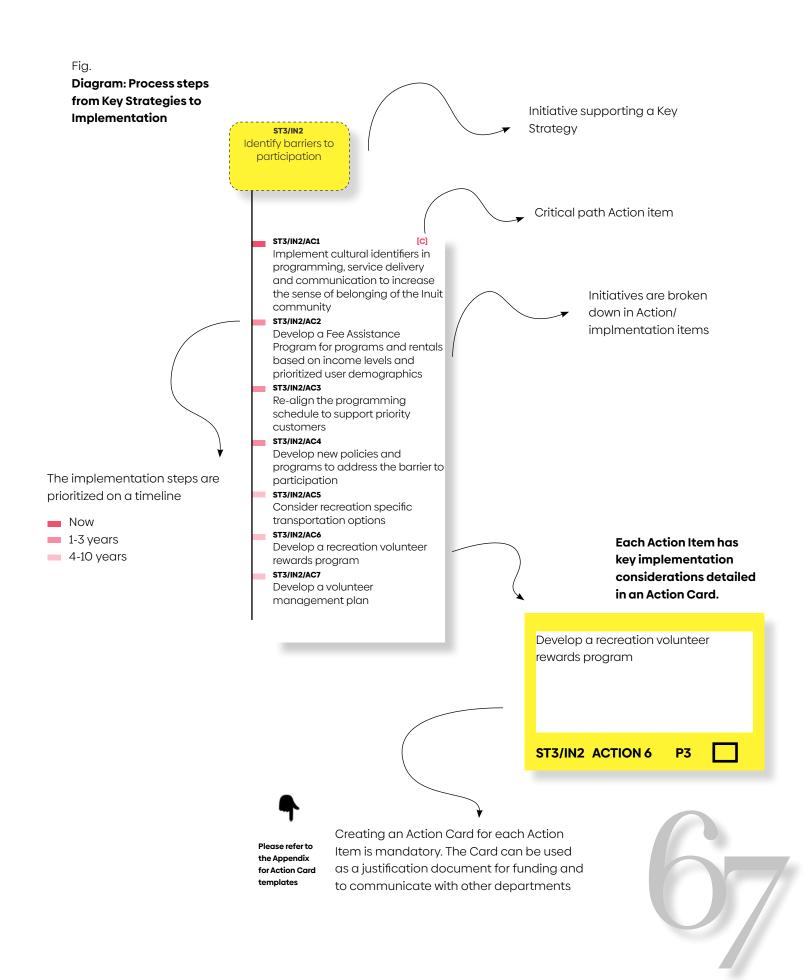
ST4/IN6

Implement new facilities

- 1. Develop policies, guidelines, implementation tools and plans that support the MP visions
- 2. Align Human Resources with new direction, the customerfocused delivery
- **3.** Improve internal communication

and Strategies.

Fia. List of initiatives for each key strategy



Qanuqtuurniq もっっさっ。 [Being innovative and resourceful] Inuit Qaujimajatuqangit

Action

Actions describe what, when and how work related to initiatives will get done, who needs to be involved, and who is responsible for completing the work. The Recreation Plan identifies actions that are most likely to provide measurable improvements for the City's aim of shifting towards a customer focus.

A sub-set of 10 priority actions are considered in more detail in the Implementation section, together with Action Cards that illustrate [key consideration guiding the implementation process] why these actions are important and what they can accomplish.

IMPROVE IDENTIFY COMMUNICATION **PRIORITY CUSTOMERS** ST1/IN1 ST2/IN1 Create a dedicated Identify priority communication customers platform for Recreation ST1/IN1/AC1 ST2/IN1 [C] Create and implement Engage with internal and external a dedicated, two-way stakeholders and the public to Communication Platform, identify priority customers for ongoing information delivery and feedback with the community IMPLEMENTATION TIMELINE Now 1 to 3 years **4-10 years**

ST2

Now1-3 years4-10 years

68

ST3

DELIVER PROGRAMS COLLABORATIVELY

ST3/IN1

Identify program partnerships

ST3/IN1/AC1

Establish a Partner Framework for community groups involved in recreation delivery

ST3/IN1/AC2

Hire a Recreation Partner and Community Liaison person to support partners

ST3/IN1/AC3

Identify interested Community partners to deliver programs

ST3/IN1/AC4

Prioritize partners who service targeted user demographics

ST3/IN1/AC5

Create an Advisory Group of external advisors

ST3/IN1/AC6

Develop a recreation volunteer program including incentives

ST3/IN1/AC7

Develop a funding support program for spontaneous recreation (unorganized recreation)

ST3/IN1/AC8

Develop a program to have the community help with the beautification & maintenance of parks & open spaces

ST3/IN2

Identify barriers to participation

ST3/IN2/AC1

Implement cultural identifiers in programming, service delivery and communication to increase the sense of belonging of the Inuit community

ST3/IN2/AC2

Develop a Fee Assistance Program for programs and rentals based on income levels and prioritized user demographics

ST3/IN2/AC3

Re-align the programming schedule to support priority customers

ST3/IN2/AC4

Develop new policies and programs to address the barrier to participation

ST3/IN2/AC5

Consider recreation specific transportation options

ST3/IN2/AC6

Develop a recreation volunteer rewards program -

ST3/IN2/AC7

Develop a volunteer management plan

ST3/IN3

Evaluate existing programs using the Tools

ST3/IN3/AC1

Use PAT program assessment tools to evaluate all existing programs

Now

1-3 years

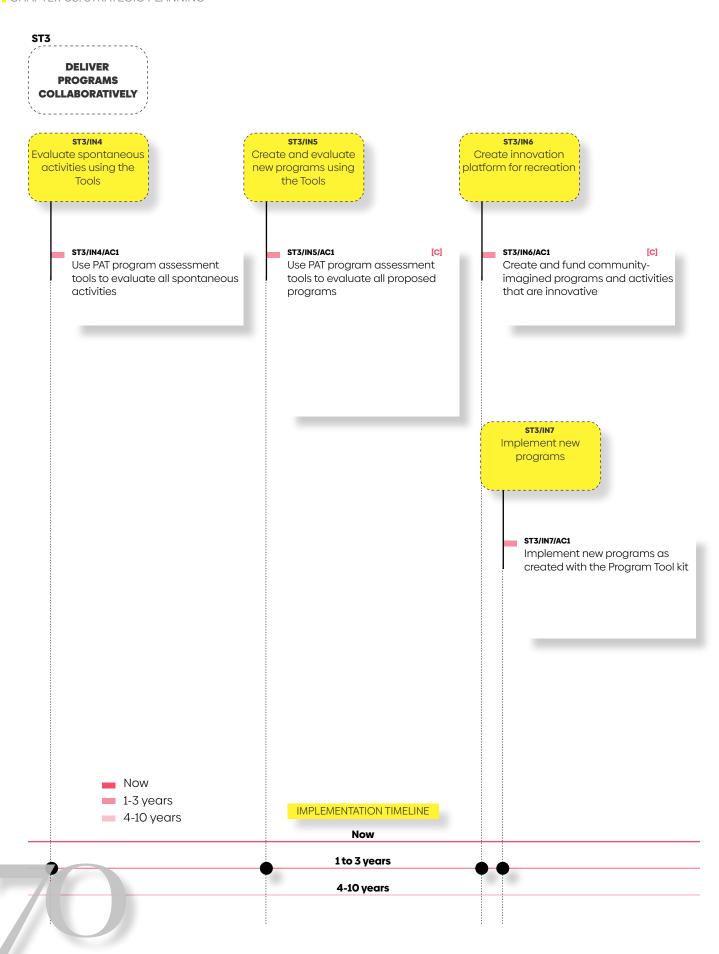
4-10 years

IMPLEMENTATION TIMELINE

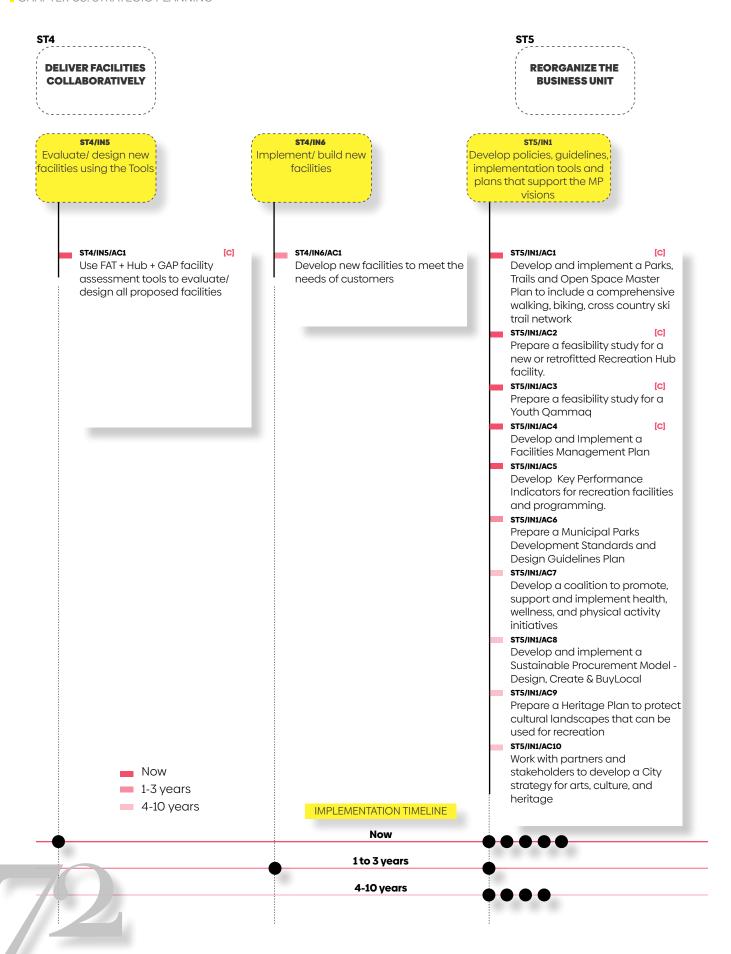
Now

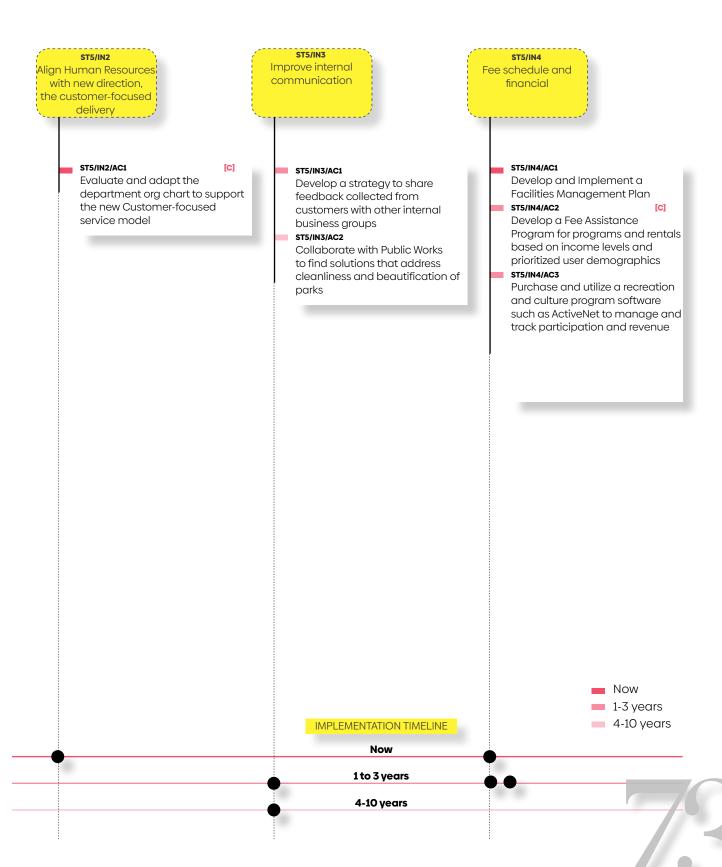
1 to 3 years

4-10 years



ST4 **DELIVER FACILITIES COLLABORATIVELY** Identify facility Identify barriers to Evaluate to expand partnerships facility use and retrofit existing facilities using Tools ST4/IN1/AC1 ST4/IN2/AC1 ST4/IN3/AC1 Establish a Partner Framework for Implement cultural identifiers in Use FAT + Hub + GaP facility community partners involved in facilities to increase the sense of assessment tools to evaluate for recreation facility delivery belonging of the Inuit community expansion and retrofit all existing facilities ST4/IN1/AC2 ST4/IN2/AC2 Hire a Recreation Partner Evaluate operating times of Community Liaison person to facilities support partners ST4/IN1/AC3 Identify interested Community partners to provide facilities ST4/IN1/AC4 Identify potential community leaders, volunteers and partnerships to lead the participation of the Community in **Evaluate spontaneous** Snow/ Bloom initiative unorganized sites and ST4/IN1/AC5 third-party facilities Collaborate with Public Works using Tools to find solutions that address cleanliness and beautification of parks ST4/IN1/AC6 Create an "Adopt a Patch", urban ST4/IN4/AC1 tundra renewal program Use FAT + Hub + GaP facility assessment tools to evaluate all spontaneous and third-party facilities Now 1-3 years 4-10 years IMPLEMENTATION TIMELINE Now 1 to 3 years **4-10** years







The Master Plan is intended to be a decisional blueprint as well as a living document that responds to the current municipal conditions.



Implementation plan

The Master Plan is intended to be a living document that responds to the current municipal conditions. As a baseline the Visions, proposed strategies and actions have been prioritized. As part of this prioritization the Actions have also been assigned an expected timeframe for implementation. The intended timeframe for implementation is dependent on many factors including funding and availability of resources. The following information is part of the baseline data.

IMPLEMENTATION BASELINE

Priority
Timeline to initiate
Critical path milestone
Current condition
Timeframe to implement
Financial commitment
HR commitment
Spatial (facility) requirements
Potential community partners
Implementation Tools
Dependant actions
Key considerations
Relevant Visions
Relevant Strategies

Fig.

Key information

describing the Action/
implementation items

The following is a breakdown of the action Items according to their anticipated timeline to initiate. They have been listed according to their priority in each category.





ST1/IN1/AC1 [C]

Create and implement a two-way Communication Platform, for ongoing information delivery and feedback with the community

ST2/IN1 [C]

Engage with internal and external rights- and stakeholders and the public to identify priority customers

ST3/IN1/AC

Establish a Partner Framework for community groups involved in recreation delivery

ST3/IN2/AC1[C]

Implement cultural identifiers in programming, service delivery and communication to increase the sense of belonging of the Inuit community

ST3/IN3/AC1

Use PAT program assessment tools to evaluate all existing programs

ST4/IN1/AC

Establish a Partner Framework for community partners involved in recreation facility delivery

ST4/IN2/AC1

Implement cultural identifiers in facilities to increase the sense of belonging of the Inuit community

ST4/IN2/AC2

Evaluate operating times of facilities

ST4/IN3/AC1 [C]

Use FAT + Hub + GaP facility assessment tools to evaluate for expansion and retrofit all existing facilities

ST4/IN5/AC1[C]

Use FAT + Hub + GAP facility assessment tools to evaluate/ design all proposed facilities

ST5/IN1/AC1 [C]

Develop and implement a Parks, Trails and Open Space Master Plan to include a comprehensive walking, biking, cross country ski trail network

ST5/IN1/AC5 [C]

Develop and Implement a Facilities Management Plan

ST5/IN1/AC3 [C

Prepare a feasibility study for a new or retrofitted Recreation Hub facility.

ST5/IN1/AC3 [C]

Prepare a feasibility study for a Youth Qammaq

ST5/IN1/AC4

Develop Key Performance Indicators for recreation facilities and programming.

ST5/IN2/AC1 [C]

Evaluate and adapt the department org chart to support the new Customer-focused service model

ST5/IN4/AC1

Develop and Implement a Facilities Management Plan

Fig.

NOW

Actions are intended to be



ST3/IN1/AC2

Hire a Recreation Partner and Community Liaison person to support partners

ST3/IN1/AC3 [C

Identify interested Community partners to deliver programs

ST3/IN1/AC4 [C]

Prioritize partners who service targeted user demographics

ST3/IN2/AC2[C]

Develop a Fee Assistance Program for programs and rentals based on income levels and prioritized user demographics

ST3/IN2/AC3[C]

Re-align the programming schedule to support priority customers

ST3/IN2/AC4

Develop new policies and programs to address the barrier to participation

ST3/IN4/AC1

Use PAT program assessment tools to evaluate all spontaneous activities

ST3/IN5/AC1

Use PAT program assessment tools to evaluate all proposed programs

ST3/IN6/AC1 [C]

Create and fund community-imagined programs and activities that are innovative

ST3/IN7/AC1[C

Implement new programs as created with the Program Tool kit

ST4/IN1/AC2

Hire a Recreation Partner Community Liaison person to support partners

ST4/IN1/AC3

Identify interested Community partners to provide facilities

ST4/IN1/AC4

Identify potential community leaders, volunteers and partnerships to lead the participation of the Community in Snow/ Bloom initiative

ST4/IN4/AC

Use FAT + Hub + GaP facility assessment tools to evaluate all spontaneous and third-party facilities

ST4/IN6/AC

Develop new facilities to meet the needs of customers

ST5/IN1/AC4

Prepare a Municipal Parks Development Standards and Design Guidelines Plan

ST5/IN3/AC1

Develop a strategy to share feedback collected from customers with other municipal business groups

ST5/IN4/AC2

Develop a Fee Assistance Program for programs and rentals based on income levels and prioritized user demographics

ST5/IN4/AC3

Purchase and utilize a recreation and culture program software such as ActiveNet .o manage and track participation and revenue

1-3 YEARS Actions are intended to be initiated in the 1 to 3 years horizon



Fig. 4-10 YEARS

Actions are intended to be initiated in the 4 to 10 years horizon

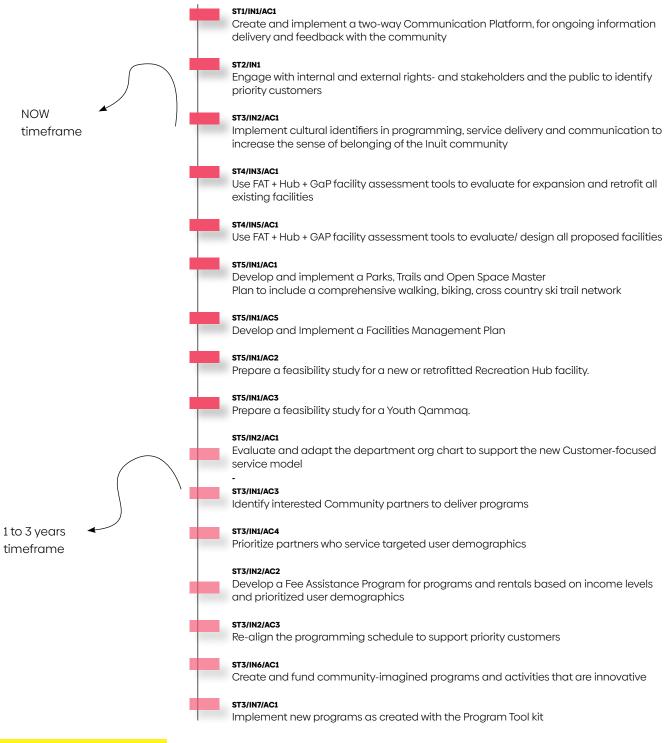


Fig. CRITICAL PATH

The success of the Plan depends on the implementation of these Actions



Recommended programs & facilities

Programs

Identify new or promote existing cultural events, programs or practices that promote outdoor activities.

- · Create an On-the-Land weekly walking program and incorporate traditional Inuit knowledge
- · Create a Community Living Room program to support free play, socialization and intergenerational connections.
- · Develop Pop-Up programs that supports spontaneous activities around Iqaluit eg. bike repair clinic, basketball skills
- · Create programs and opportunities for self-expression and cultural identity.
- \cdot Create traditional outdoor activity programs that involve skill-building opportunities (for all ages).
- · Provide Inuit cultural programs.
- · Develop programming around traditional Inuit games and activities.
- \cdot Create safe and secure spaces for learning at all hours of the day, in every community.
- \cdot Develop programs around food and preparation using traditional and non-traditional methods.
- · Create modern, exciting programs for youth such as:
- Light sculpting (Esker Foundation, Calgary)
- Poster making (Esker Foundation, Calgary)
- · Invite motivational speakers
- · Create intense learning programs in a Block Week format eg. Learn to Bannock, Learn to Mush.
- · Create programming specifically around bicycles.
- · Offer various programs in a Block Week format.
- · Offer programs concurrently so childcare can be mitigated.
- · Create year round basketball programs for youth.
- ·Utilize online resources to deliver programs eg. Yoga With Adrienne, Pelc on cycling.



Fig.

New Columbia's Bike Repair

Hub in action (Photo by Lale

Santelices)

Ride to Own

San Antonio offers "Ride to Own," a 10-week training program on bike safety, maintenance and navigation in an urban environment, which is open to the public ages 15 and older. Everyone who completes the course is given a free bike.

Listed in no particular order

Facilities

- · Build an all season dedicated indoor multi-purpose space for sport and cultural activities.
- · Build a Community Hub with recreation and social spaces.
- · Fully develop Apex Trail as an iconic multi-use trail with rest areas.
- · Development of better signage and trailhead infrastructure at Tarr Inlet, Road to Nowhere and Apex Trailheads
- · Development of Pavilion at Youth Centre and Road to Nowhere
- · Development of Causeway Tenting Platforms
- · Increase size and number of waste receptacles at key outdoor recreation sites
- · Install washroom facilities at high use, outdoor recreation facilities
- · Update signage at all recreation facilities
- · Install accessible playground
- · Designate and develop new Dog Yard with opportunities for education and enhance signage
- · Install bike fix-it stations at select locations throughout the community
- · Develop wind shelter infrastructure along Road to Nowhere and Tarr Inlet trails
- · Relocate Ball Diamond and develop multi-use, family oriented space
- · Develop Tarr Inlet Trailhead; remediate Dump Site
- · Develop and enhance Municipal Campground at Road to Nowhere
- · Build an all season trail system with supporting infrastructure to connect significant places in the community which will create a walking, biking, and cross country ski trail network.
- \cdot Support spontaneous activities by providing supporting amenities and equipment eg. signage, benches, waste receptacles, seasonal toilets.
- · Invest in furniture and wayfinding signage at existing outdoor and indoor facilities.
- · Create a network of indoor and outdoor quality public realms Community Living Rooms to support social and metal wellbeing through socialization, leisure and passive recreation
- · Retrofit the Curling rink to a multi-use facility.
- · Create an Equipment Library (municipal rental place).
- · Construct warming huts, wind-walls, and fire pits on well used trails and trailheads.
- · Incorporate wayfinding and educational panels into the trail network.
- · Build a Pump Track for bicycles.
- · Build an outdoor or indoor climbing wall.
- · Formalize a municipal campground at the Road to Nowhere.
- · Protect and develop Geraldine Creek into a central green corridor with a asphalt pathway, sitting areas and separation from the road.
- · Develop the Beach in collaboration with QIA.
- · Redevelop Igaluit Square as a civic square that can be used during all seasons.
- · Upgrade existing play equipment in community parks to all season natural playgrounds.
- · Refurbish golf course

Listed in no particular order

Use the provided Implementation Tools to evaluate and prioritize the above programs and facilities.



ACTION CARD

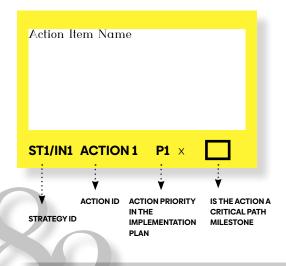
The Implementation Plan has identified several execution steps as having a critical importance for the fulfillment of Master Plan goals. To support the employment of each steps, key considerations guiding their execution are laid out in an Action Card.

Presented in the form of a template, the Action Card is detailing decisive elements of the Action implementation process, guiding the operation development, articulating expected outcomes, identifying financial implications and operational planning points as well as setup factors. The Card is asking as well for a precedent research that will help communicate and visualize the desired outcome.

Used internally as a work document, the Action Card is a simplified action plan preceding a major planning step. Through its detailed content, the Action Card is a valuable document that can be used to communicate implementation specifics to other departments, and to seek and justify funding request as well as track progress.

The Master Plan Report contains by 11 Action Cards prepared by the Consulting Team that detail the identified key implementation steps, as presented in the previous chapter.

ACTION IMPLEMENTATION DETAILS





Please refer to the Appendix for the provided Action Cards and template

Fig. List of provided Action Implementation Cards.	Implement cultural identifiers in programming, service delivery and communication to increase the sense of belonging of the Inuit community ST3/IN2 ACTION 1 P1 X	Use PAT program assessment tools to evaluate all spontaneous activities ST3/IN4 ACTION 1 P2
Use PAT program assessment tools to evaluate all proposed programs	Use FAT + Hub + GaP facility assessment tools to evaluate for expansion and retrofit all existing facilities	Develop and implement a Parks, Trails and Open Space Master Plan to include a comprehensive walking, biking, cross country ski trail network
ST3/IN7 ACTION1 P2 X	ST4/IN3 ACTION1 P1 X	ST5/IN1 ACTION1 P1 X
Use FAT + Hub + GaP facility assessment tools to evaluate all spontaneous and third-party facilities	Use FAT + Hub + GAP facility assessment tools to evaluate/ design all proposed facilities	Develop a Fee Assistance Program for programs and rentals based on income levels and prioritized user demographics
ST4/IN4 ACTION 1 P2	ST4/IN5 ACTION 1 P1 X	ST3/IN2 ACTION 2 P2 X
Prepare a Municipal Parks Development Standards and Design Guidelines Plan	Prepare a feasibility study for a new or retrofitted Recreation Hub facility.	Create and implement a two- way Communication Platform, for ongoing information exchange and feedback with the community
ST5/IN1 ACTION4 P2	ST5/IN1 ACTION 2 P1 X	ST1/IN1 ACTION 1 P1 ×





The determinants recognize recreation's role in supporting culture, positive mental and physical health outcomes, alleviating loneliness, socialization and free play. These determinants acknowledge a wider understanding and acceptance of what recreation and recreational facilities can be.

Recreation determinants

What matters

Cities are complex systems in which many factors influence the performance of recreation programs and facilities. Without oversimplifying these complexities, key determining factors relevant to recreation should be considered when making decisions about new initiatives and changes to infrastructure and programs.

While determinants identify causes why programs and facilities are not reaching the people they are intending to serve, they also reveal how to make programs and facilities more relevant and beneficial to some segments of the population that are presently being excluded.

Determinants for facilities and programs can be grouped into three categories: Social/Community/Stakeholders, Physical/Spatial/Contextual and Business/Administrative. Within each category, specific characteristics will be most pertinent to an assessment of the suitability of a proposed initiative or change.

Social/Community/Cultural determinants acknowledge the importance of human connections, feelings, expressions and values that are critical for the well-being of the city, its residents and everyone involved in recreation programs. These determinants recognize recreation's role in supporting culture, positive mental and physical health outcomes, alleviating loneliness, socialization and free play. These determinants acknowledge a wider understanding and acceptance of what recreation and recreational facilities can be.

Physical/Spatial/Contextual determinants are attributes of importance to visible tangible characteristics of a program or facility, such as size, condition and appearance, as well as surroundings, location and environmental relationships.

Business/Administrative/Organizational determinants recognize that the provision of recreational programs and facilities by a municipality relates to financial capacity, organizational agility, and levels of acceptable returns on investment and risk.



Social, community and cultural determinants

Loneliness is a unique condition in which an individual perceives himself or herself to be socially isolated even when among other people. (...)

There is nothing trivial, or comical, or poignantly romantic about loneliness. What has emerged is the notion that loneliness is an aversive signal whose purpose is to motivate us to reconnect. But over time if it is not addressed, loneliness can contribute to generalized morbidity and mortality. (...)

In the end, loneliness isn't about being alone, it's about not feeling connected.

Epidemic of Loneliness: Loneliness is far more than a social misfortune.



Inuuqatigiitsiarniq ふらいたくべっか [Respecting others, relationships and caring for people] Inuit Qaujimajatuqangit

Gender equality

Considerations

Across Canada, there is a noticeable difference between male and female participation in sports and recreation, as women and girls tend to experience lower levels of engagement as both participants and program leaders. This trend is especially apparent amongst indigenous communities. In a similar state of under-representation in Canadian recreational spaces are LGBTQ+ community members. Historically marginalized social groups may not feel a strong sense of belonging or social inclusion in traditional recreational spaces that fail to take into consideration their unique wants and needs.

Given that lower physical activity and socialization rates are associated with greater health risks, especially amongst youth, it is important to seriously consider how best to encourage higher recreation attendance by female and other under-represented lqalummiut. Furthermore, increasing recreational participation by diverse demographic groups within the City encourages the development of key social relationships and leadership skills that transfer into lifelong benefits for both the individual participant and the community at large.



Opportunities

The best way to address this recreational inequity begins at the local and municipal level with conscientious and intentional outreach to female and other under-represented community members of all ages. Steps to improve participation include increasing awareness of existing recreational opportunities as well as tailoring programming to better align with residents' specific interests and desired activities. The final step to ensuring greater recreational equity is to create a strong sense of physical and social belonging within all municipal recreational spaces.

- » Supporting the development of female coaches and trainers
- » Offering programs geared to woman during prime times
- » Offering female only programming to build confidence and a sense of empowerment
- » Offering discounted/ free equipment to women and LGBTQ demographic



Program and activity diversity cater to diverse customers

Considerations

Recreation programs and facilities benefit by catering to a diversity of users. Having recreation hubs where there is a mixture of active and passive recreation programs, socialization and free play opportunities available at the same time will attract different types of people. It encourages socialization, cross cultural connections and builds a sense of community. Facilities should also cater to people participating in groups or alone.

If a facility is limited in the variety of activities it can offer, then programming can be used as a tool to make the facility more inclusive. For example, an ice rink can become more inclusive by providing access to prime timeslots to a variety of customers. Specialized programming such as ice dance parties can bring together youth regardless of the ability to skate.

Opportunities

- » Developing programs at the same time and location to connect different types of customers.
- » Increasing open play and unstructured programming for all ages.
- » Assigning program locations based on the type of program it is and who it caters to.
- » Increase the number of arts and culture related programs and programs.
- » Leavelon programs around Inuit cultural activities as they are often intergenerational and appeal to a broad range of customers.

Fig.
Elder lighting a qulliq.
Passing on and sharing
Inuit traditions can be both
recreational and have a
learning component.



Sense of belonging

"Inclusiveness means to be invited to the party. Belonging is to hear your music play at the party."

Hank Washington African- American Graphic Designer, AIGA 2019

Considerations

An essential aspect of achieving the vision of an inclusive and equitable recreational experience for lqalummiut includes fostering a strong sense of belonging for all people. Solely focusing on the function and form of recreational facilities leads to a failure to recognize that functionality in the built form does not necessarily translate to a strong sense of inclusion. Having program enrollment and facilities open to the community at-large is not sufficient by itself to encourage participation from diverse social groups. People need to feel that the recreational amenities are in tune with their own sense of self and their leisure interests.

Currently, there is under-participation by immigrant and indigenous communities in Canada, which may reflect a lack of cultural and linguistic identifiers that could, if present, foster a sense of kinship within recreational environments. While unintentional, this exclusivity has serious consequences for individual and communal health and wellbeing.

Actively working to increase under-served groups' sense of belonging in recreational spaces will help improve participation rates and increase communities' social connectedness to these groups.

Within Iqaluit, there is a notable discrepancy between the prevalence of Inuit culture and values in the community and the City's largely sports-focused facilities and programming offerings modeled after southern recreational systems. The lack of Inuit cultural identifiers in the recreational spaces of the city hinders potential participants from feeling motivated to engage in exercise and other leisure activities. The current state of municipal recreation is tailored to predominantly western modes with the result that large segments of the population within the City lack a strong feeling of belonging or ownership over recreational spaces.

Widening the recreational focus to foster a sense of belonging among Inuit community members ultimately benefits all Iqalummiut, as greater recreational participation increases social interaction and heightens understanding and learning between diverse demographic groups within the City.

Research studies suggest that language is among the strongest cultural identifier for Inuit.

Other points of reference were drawn by the consulting team from the Iqaluit Community Sustainability Plan and are used to inform the Plan's recommendations.

Fig.
Elder room at the Aquatic Centre.
Traditional sitting patterns of
Inuit are lower to, or at ground
level. Having this seat lower could
increase the sense of belonging.



"Loneliness isn't about being alone, it's about not feeling connected."

Epidemic of Loneliness, John T. Cacioppo, PhD Psychology Today, 2009

Opportunities

- » Incorporating cultural identifiers in programming.
- » Use Inuktitut in informational brochures, signage, registration and participation documents, and other texts would overtly signal to Inuit Iqalummiut that their linguistic preferences are acknowledged.
- » Increasing the use of Inuktitut in programming, even at a small scale (e.g. words during activities),
- » Developing programming that encourages traditional Inuit recreation activities.
- » Broaden programs to address Inuit recreational interests, such as shifting seasonal activities and subsistence skills.
- » Creating programs that are tailored to align with Inuit outdoor recreation pursuits. Rich Inuit traditions of land navigation, plant identification and wilderness survival are a great opportunity for outdoor programming. Offering these activities could build reference points for the Inuit community and increase the feeling of belonging.
- » Facilities should be retrofitted to include art, imagery, and other visual and graphic cues that honor the unique position of Iqaluit in Inuit society and its role as a leader in the Canadian Arctic.



Fig.
Incorporating land-based programming inspired by traditions and Inuit knowledge, can increase the sense of belonging of the Inuit community.
Alternatively, these activities can be held inside during cold weather.

Perception of facility

Considerations

How a building is perceived in the community can have a significant effect on the performance of the facility. Perceived value is a qualitative parameter that indicates the value a customer sees in a facility, through the lens of personal and collective values.

The way a person perceives a facility is influenced by several factors such as:

- » Historic events
- » Sense of belonging determined by cultural relevance (ie. cultural identifiers, name of facility, language)
- » Site integration
- » Physical attributes
- » Facility type
- » Location

Perceived value is tied to a sense of belonging and is important when trying to enforce and strengthen culture ties. In Iqaluit there is a need to strengthen Inuit sense of belonging in the City. Creating an affiliation between Inuit and public facilities is part of developing this sense of belonging. Aspects of a facility including its name, whether or not it hosts culturally important events, and the provision of services in Inuktitut all factor into how likely Inuit residents are to feel a sense of belonging at the facility.

Making a conscious effort to expand Inuit kinship with facilities will enhance the overall perceived value of the facilities within the community.

Fig.

Located at the perifery of the community, with wide, empty parking lot and no amenities interfacing with the adjacent neighbourhood, the AWG facility is perceived as a corporate building. More so, the large spaces inside require a group setting to attend, discouraging an individual community member to participate or just "hang out".



Opportunities

- » Build a sense of belonging in facilities for all lqalummiut by offering programs that generate cultural connections
- » Aligning programming to existing positive perceived value within facilities
- » Increasing the perceived value of buildings to Inuit by reassigning them culturally relevant names
- » Providing more Inuit language programming in all facilities
- » Locating programs that are relevant to target customers such as Inuit in prime locations in the City
- » Creating an Inuit Youth Centre similar to the Elders Qammaq.

Creating an Inuit Youth Centre will nurture and support Inuit youth development while fostering a sense of pride. This facility should be located in a prime location. in alignment with the importance the community puts on youth.



ANTI-ELITIST, POP CULTURE, OPEN 24/7

"We achieved this by making a transparent building with a clear, well-defined organisation intuitive to everyone. An anti-elitist, popculture take on a hybrid between a sports facility and a culture house, that is robust enough to stay open to the public 24 hours day without supervision and where the users are in charge and take initiative."



MUNICIPAL FACILITIES

AWG ARENA

LARGE EVENTS FACILITY

The large parking lot, combined with the absence of outdoor amenities catering to the adjacent community and the three nearby schools, its remote location and large activity spaces that cater mostly to large groups, project the AWG Arena a corporate image.

While the turf is a beloved feature, it overlaps with summer months when recreation interests are focused on outdoors.

ABE OPIK

NEIGHBOURHOOD FACILITY

The Hall holds a high value for the Apex community. Already established traditions are celebrated there by community members. However, for Iqaluit residents, the hall is perceived as far in the absence of public transportation.

ARNAITOK ARENA

CONVENIENT LOCATION.

As a specialized facility for ice-based activities, the Arena holds very high value for certain user groups, and no value for other segments of the population.
Its central location makes it even more desirable.

CURLING RINK

CONTROVERSIAL

Due to its central location and flexible nature of the space allowing for large multi-purpose gatherings, the Rink is perceived as a valuable resource. However, this perceived value is placing it at the centre of competing interests.

AQUATIC CENTRE

FRIENDLY. SAFE. ATTRACTIVE.

With is modern, accessible building, long opening hours, diverse amenities, various programming and a snack bar, the Aquatic Centre is a friendly, welcoming facility to work out, have fun and socialize.

The supervised facility, with card-enabled access, makes the facility safe to use by unsupervised youth of all ages.

The Aquatic Centre has built an Elders' Room, located right next to the Center's entry. However, in the absence of opportunities for game playing, the area is perceived as a respite location and used sporadically as needed.

* Specialized facility

YOUTH CENTRE

CONFLICTING PERCEPTION

Prioritized by the City and perceived by parents as a valuable program, the importance of the Youth Centre for the community is undermined by its location at the periphery of the community. Hosted in a space on the side of the AWG arena, the YC inherits the corporate perception of the AWG, enhanced by the lack of outdoor amenities.

ELDERS' QAMMAQ

HIGH VALUE FOR INUIT COMMUNITY

Built using vernacular Inuit symbolics and offering programs in Inuktitut, the Elders' Qammaq holds a very high value for the Inuit community.

"This is home for me now" Elder during Public Consultation

Fig.

Perception notes of municipal indoor facilities

Programming offering

Considerations

How and what programming and activities are offered can influence the performance of a facility. Utilization can be increased by offering attractive programs, but it can also be increased by offering activities that are available outside programs. The return on investment in facilities is improved when the facility is able to generate income without providing costly programming. Providing space and equipment that result in spontaneous use and free play of facilities is important.

A sense of belonging is improved when the facility offers recreation opportunities to priority customers that suits their needs around time and location.

Offering programs for priority customers outside prime-time hours sends the wrong message.

If a facility is limited in the variety of activities it can offer, then programming can be used as a tool to make the facility more inclusive. For example, an ice rink can become more inclusive by providing access to prime time slots to a variety of customers. Specialized programming such as ice dance parties can bring together youth regardless of the ability to skate.

Opportunities

- » Support facilities with programs and/or space and equipment that will encourage spontaneous use
- » Give priority to programs for targeted customers by offering them at desirable times and locations. For example, public skate should be offered during prime time between 6pm and 8pm on weekdays and held at a central location.

ALIGNMENT EXAMPLE

If public interests proceed group interests, public skate should be offered during prime time, between 6pm and 8pm on weekdays and held at a central location.

Barriers to participation

Considerations

Striving to reduce the barriers to participation is important to improving the performance of programs and facilities. There are four primary barriers to participation in Iqaluit; no time, awareness of recreation opportunities, lack of child care, and inadequate facilities.

Opportunities

children.

- » Providing childcare for women's and adult programming,
- » Offering alternative delivery methods such as blocks (short intense programs) outside of normal working hours or in conjunction with other programs that eliminate time commitments such as minding
- » Improving communication of the recreation opportunities in the City through traditional and digital methods.



Program type

Considerations

An analysis of the indoor programs currently offered by the City reveals that 91% of the programs cater to customers seeking active recreation activities, while only 9% of activities offered are passive recreation programs. Many of the under serviced people in the community do not have access to these programs for numerous reasons. The top four aspirational activities identified by public consultation participants were cultural activities, traditional art, dance, and music. Youth indicated a desire to see more social activities.

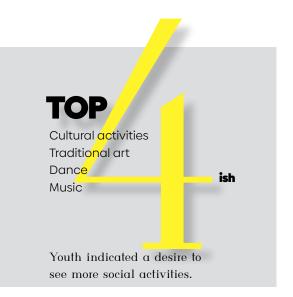
Currently the programs offered support the facilities owned by the City. Many of these facilities are specialized and focused on a single activity such as the curling or hockey.

Iqaluit's facility-focused delivery model currently structures programing based on the possible activities offered by existing facilities. In an (ideal), customerfocused delivery model, programing would be developed based around customers' wants and needs, and facilities would then be developed to support desired activities.

The best way to approach this delivery model discrepancy would be to retrofit or build new facilities that are responsive to the customers' desired programing. Additionally, the City needs to develop new ways to offer passive recreation programs, opportunities for socialization and free play with an emphasis on social interaction, learning, and Inuit knowledge and tradition.

Opportunities

- » Providing a wide range of programing from passive to active to increase inclusivity.
- » Developing programs to serve targeted customers.
- » Building a communication system for promoting recreation in Igaluit.



Physical, spatial and contextual determinants

Seasonality

Considerations

As a result of the days of extreme cold in winter and warm days in summer, facility usage is highly variable throughout the seasons. Whether in summer or winter, When the weather is warm, people prefer to be outdoors. This results in a drop in the number of people using indoor facilities and over-use of many outdoor spaces used for spontaneous recreation. These spaces lack basic public amenities, such as toilets, drinking water, waste receptacles and rest areas.

Key recreation buildings are activity-specific – swimming pools, ice arenas, and a curling rink. These recreation facilities are activity specific and cater to skating/hockey, curling, and swimming during the winter months. Iqalummiut have indicated an interest in having access to an indoor field house or other type of multi-use facility, especially during cold months.

Opportunities

- » Adapt grounds of existing indoor facilities to support outdoor active and passive recreation, socialization, and free play activities and programming.
- » Adapt indoor facilities to support the popular outdoor activities. This could include coaching clinics, equipment rentals and training, such as boat maintenance or climbing.
- » Identify and support established spontaneous activities by providing basic amenities such as benches, waste receptacles and signage at unorganized sites.
- » Create recreation hubs by adding amenities to existing recreation buildings.
- » Develop more outdoor facilities to support seasonal recreational interests.
- » Build or repurpose one of the existing facilities as a multi-use, indoor/outdoor facility or field house.
- » Adapt the curling rink or one of the ice arenas to serve as a multi-use field house in winter.
- » Align summer programs to outdoor summer interests such as fly fishing or skill development related to boating, how to camp programs, etc.
- » When possible incorporate outdoor experiences in summer programs.
- » Provide more "land-based" programs throughout the year.







Fig.

Designing for youth needs, such as hanging out places, is one of the most overlooked feature in urban and facility design.

Let's change that!

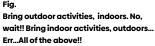




Fig.

A permeable canopy, "mud-room" play spaces and amenities and site furnishing surrounding the building, create a playful, seamless, indoor/ outdoor recreation environment.



Location

Considerations

Walksheds (defined as any central destination that can be accessed by foot) are important considerations when proposing new facilities or analyzing the spatial distribution of existing ones. While a standard walkshed is defined as 10 minutes / 800 m, a more appropriate length for Iqaluit would be 30 minutes / 2km.

During the LocalsKnow process, people identified access to and the cost of transportation as a major barrier to utilizing recreation facilities on a regular basis. By locating recreation infrastructure closer to where people live, work or learn, more people will be able to access regular programs and facilities.

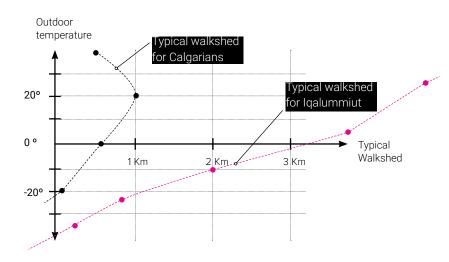
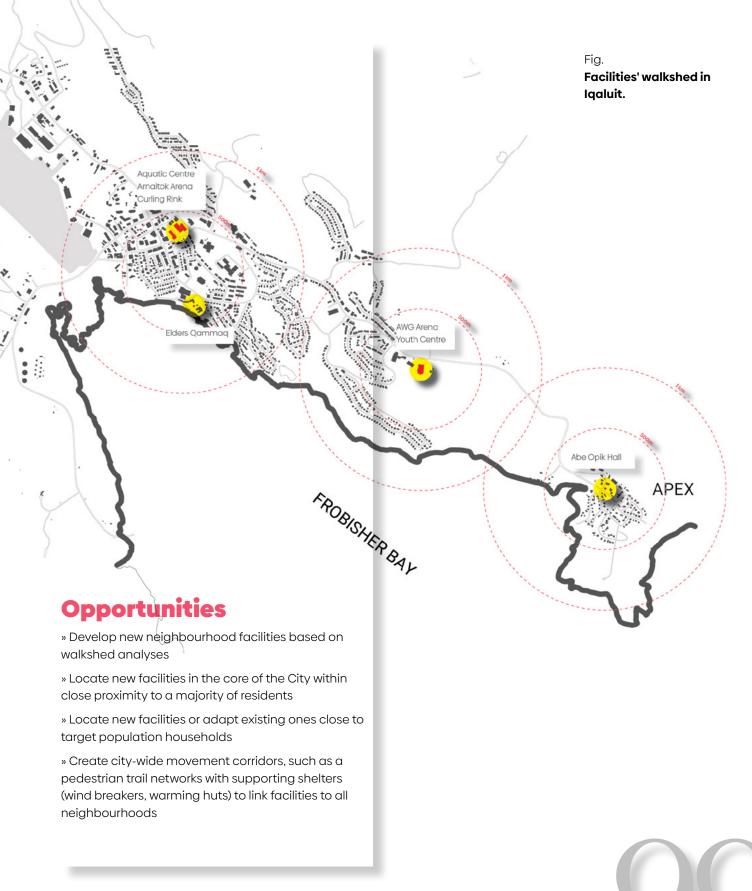


Fig.
Conceptual, comparative temperature-dependent walk-shed analysis



Fig. Warming pocket





99

Multi-functional use

Considerations

Recreation facilities and programs that offer a variety of programs for different customer groups are more likely to be dynamic spaces where people can socialize and feel part of the community. Achieving the right mix of uses in a single space requires planning of programs and facilities, with careful attention paid to the needs of customers.

Use is a key factor in determining whether a facility will operate at its full potential. Facilities that accommodate multiple uses either through shared spaces or specialized areas allow for a broader range of programming that has potential to appear to more customers. This applies to both outdoor and indoor facilities.

Recreational buildings are designed more often than ever as multi-use facilities that seamlessly connect indoor and outdoor uses. These buildings also bring together many different programs ranging from sports and cultural services to coffee shops and health services.



Opportunities

- » Recreation facilities and programs can be clustered into hubs of various spatial scales Building,
 Neighbourhood and City to appeal to more customers by providing a wider variety of programs in one place. Hubs can be more efficient to operate than stand-alone facilities. They are also more likely to include a mix of programs, which can encourage more social interactions within the community, support family recreation, and create a more dynamic environment. Hubs should have a mixture of indoor and outdoor facilities and programs.
- » Prioritize building a multi-use, indoor/outdoor facility as part of a city-scale hub.
- » Equipping unused indoor and outdoor spaces in City buildings with passive recreation equipment to allow for reading, playing games, and socializing.
- » Adding outdoor amenities to existing City buildings and supporting them with programming when possible.
- » Connect facilities together with a trail network.
- » Locating new facilities in hubs in the centre of the City to encourage densification of the core and provide accessibility for most people.
- » Recognizing established spontaneous outdoor sites as City facilities and treating them as assets worthy of funding, maintenance and development (i.e. the Rd to Nowhere campsite).

Fig.
Ample, possibly informal seating plays a critical part in facilitating socialization.
Case study: The Hearth
Work by C.F.Moller



Case study

THE HEART BY C.F.MOLLER

With the multi-purpose building at its centre, the site is a recreation hub offering opportunities for active and passive recreation, socialization and free play in all seasons. Generous site lighting and proximity to other municipal buildings, makes the hub safe at all hours of the day.

Ample seating encourages socialization

Experiencing aquatic habitat

Sports courts for the



Everyone likes a view from the top. Stairs play triple role: exercising feature, seating and movement corridor.

Dirt biking

ages

is fun for all

A successful hub has something for everyone, becoming the hearth of the community. Case study: The Hearth Work by C.F.Moller

Beach sports

provide a change in texture



The veratile, ample windows of the building make maximum use of natural light and create a friendly environment, inviting the outdoor in. Literally!



Physical condition and qualities

Considerations

The performance of a facility (level of use, public safety, cost, etc.) is connected to the quality and suitability of its design, furnishings and equipment, and to its condition and maintenance. The use of locally sourced products and materials helps create a sense of place and belonging in facilities.

Universal accessibility is also an important factor to consider when assessing the physical condition of recreation facilities since every person is likely to be affected by one or more physical or intellectual changes that may limit their ability to use a facility.

Opportunities

- » Retaining up to date condition and functional assessments of recreation facilities is essential for planning replacement and upgrading investments. A lifecycle and condition assessment should be done for the entire recreational portfolio and key infrastructure units, such as ice-making equipment, to plan for replacement, recapitalization and renewal.
- » All facilities should be upgraded to be brought up to current accessibility standards, at a minimum, which will also make facilities more appealing to families and Elders.
- » Procurement strategies should be developed to encouraging the use of locally sourced materials and products.
- » BuyLocal: prioritize during procurement, locally designed furnishings and fixtures, such as benches, outdoor tables, railings, etc.

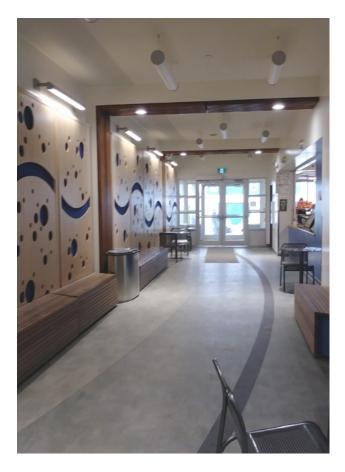


Fig.

The friendly design makes the

Aquatic Centre welcoming



Sustainability in recreation

culture vs sport



Achieving sustainable recreation practices depends directly on the existing urban context and must be grounded in local realities.

A good example is the past skateboarding program offered at the Curling Rink. Emerged from the world-wide wave of skateboarding and scootering trend, the program swiftly responded to a growing interest.

However, same as biking, skateboarding is more of a culture than a sport. Skateboarders use their boards to go to school, shop and commute in their neighborhood and a skater usually uses his or her board everywhere. In the context of Iqaluit, the existing road and sidewalk infrastructure are not skateboard-friendly (unpaved roads and absence of sidewalks), therefore not supporting this trendy urban culture. After a brief peak in participation, consequently, the program saw the number of participants decreasing and as of 2019, the program was canceled.

In conclusion, while a program might seem a great idea, concerns about its sustainability in the local context must be evaluated. As an alternative, a program might be tested as a Feature, and be run over a short period of time.

Fig.
While the Iqaluit realities do not support yet a skateboard culture, dog-sledding is an ongoing trend that the Arctic context makes sustainable.

Business, administrative, and organizational determinants

Staffing turnover

Considerations

A high turnover rate of staff in Igaluit adversely affects facility operations, maintenance, and program delivery. While selecting equipment for facilities, consideration must be given to the level of expertise required to operate and maintain them. Strategies need to be in place when programs are being offered that require specialized skills to coach or teach. This can include having back-up resources, offering the program in blocks, or using online resources from outside the community. Emphasis should be put on developing facilities that require less specialized operations and maintenance.

Opportunities

- » Developing a granting and rewards program to support volunteering.
- » Considering staffing needs before selecting equipment or developing new facilities.
- » Developing alternative methods of program delivery such as online courses or block courses.
- » Utilize local expertise or transient workforce to offer specialized programs.
- » Developing programs that do not require highly skilled teachers and coaches but instead use supportive facilitators.
- » Reaching out to the community through a communication system for skilled people that can support recreation.

Whenever possible, the City should partner with individuals and organizations to maintain outdoor recreation facilities, for example maintaining cross country ski trails in winter. This partnership could be achieved through grants or a rewards program.



Recreation income

Considerations

Recreation and Culture is a very significant expense for the City of Iqaluit as it accounts for 15% of the budget (\$6.3 million in 2019budget). Revenue in the form of taxation and user charges for 2019 is anticipated to be \$1.5 million. Revenue from government transfers is anticipated to be \$65,000.

Increasing revenues from user charges such as rental fees, program fees and admission fees must be weighed against the values of the City. Increasing the rental cost and user fees on individuals and user groups will negatively impact usage. Increasing revenue from government transfers is the least impactful on individual customers and user groups in the City.

Other forms of revenue generation include advertising and retail sales which often do not result in as much positive revenues as anticipated.

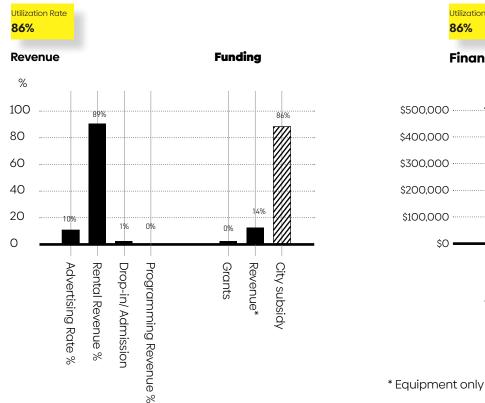
Other means of increasing revenues from programs include:

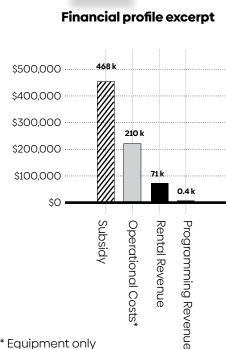
- » Changing the format of the program (quicker, longer, simpler, involves more people)
- » Changing the venue to encourage greater participation or lower venue costs
- » Changing the date and time slot to allow for more participation

RENTALS

Presently the City subsidizes all facility rentals. Consideration should be given to differentiating between activities that should be self-funded and those that should not. Priority should be given to priority customers or user groups that serve priority customers or supporting the objectives of the Recreation Master Plan.

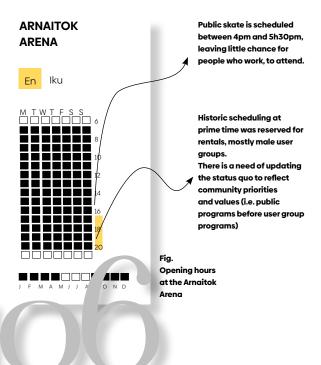
Case study ARNAITOK ARENA





Utilization Rate

86%



The Arnaitok Arena has a rental revenue of 12% and a utilization rate estimated at 86%. Given the high utilization rate of the facility, rental revenues should account for a higher percentage of the income. However, the arena is currently municipally funded at a rate of 86%.

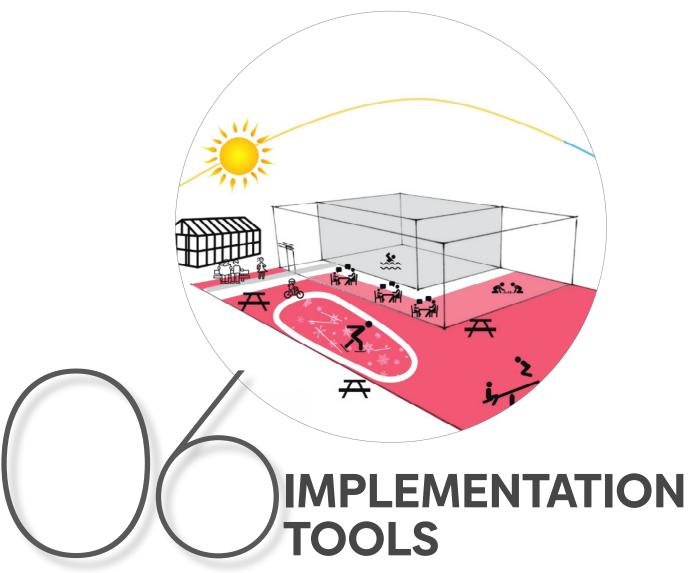
Take away

The conclusion from this example is that for highly utilized facilities that are almost exclusively rented a sliding rental fee schedule should be implemented that will allow the facility to generate more revenue and avoid rental subsidies.

Opportunities

- » Increasing revenue from government transfers is the least impactful on individual customers and user groups in the City.
- » Investigate alternative methods of supporting facility rentals including grants based on meeting the goals of the Master Plan in lieu of rental subsidies.
- » Increasing revenue in all City facilities through rental income, advertising, merchandising and food sales
- » Establishing clear criteria for when programs and events need to be cost neutral or profitable is necessary
- » Procuring and implementing a recreation engagement software that can increase the data that can be used to support funding applications. Having more available feedback will also help these applications.
- » Establishing an outdoor facility sponsorship program to support spontaneous sites and City facilities;.

 Developing a Facility Lifecycle Plan that includes both outdoor and indoor but prioritizes outdoor facilities during lifecycle and operational decision making.
- » Develop a fee structure that addresses target customers or unique programs.
- » Develop systems and information that supports a business case for recreation in Iqaluit based on the evaluation criteria.
- » Develop an evaluation criterion for programming and rentals that occur during prime times.
- » Consider a bid system for long term rentals that do not support the priorities of the Recreation Department.
- » Request funding to support spontaneous recreation activities.



The Implementation Tools are working documents guiding the Recreation professional during the Plan strategies implementation process.



Seeking Alignment

The overarching approach to the Master Plan implementation process is to actively observe alignment between the different elements of Strategic Plan, creating a comprehensive framework that funnels operational efforts towards achieving the Master Plan goals.

Facility time allocation should be aligned with priority customers, programs and facilities should be setup to support the MP goals and take into consideration the role of recreation determinants on program participation and facility utilization.

The implementation Tools come as ledger-format printable templates, containing a series of set-up guides, assessment charts and forms, guiding the Recreation professional through the details of key tasks, such as setting up a new program or activity, planning a new or retrofitting an existing facility, or completing an implementation step.

Justifying the decision-making process, the implementation Tools are valuable documents that can be used to seek funding, to discuss partnerships, and keep track of the overall performance in achieving the Master Plan goals.

TOOLS

- 1. Action Card
- 2. Program Typology
- 3. PaT: Program Assessment Tool
- 4. FaT: Facility Assessment Tool
- 5. HUB: How to create Recreation Hubs
- 6. GaP: Gap analysis for programs and facilities

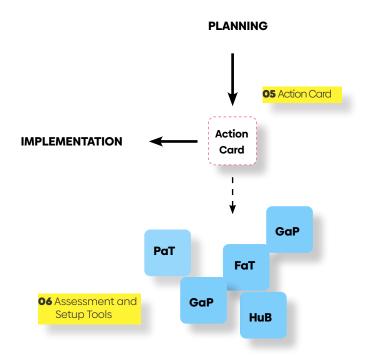


Fig.

Role of Implementation

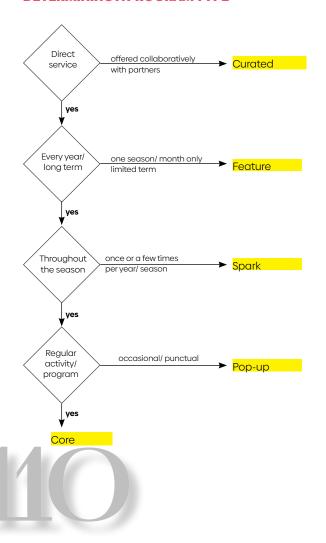
Tools Diagram in the Plan
implementation



ASSIGNMENT TOOL

Each municipal recreational program belongs to one of five program types. Historically, the City's recreation programs have been weighted towards Core programs. A better balance among all types will help ensure that recreation services are reaching a broader customer base and add flexibility in responding to customer preferences.

DETERMINING A PROGRAM TYPE



CORE

The Core group contains programs regularly offered by the Recreation Department. These programs are normally offered directly by the City and can rely on a group of experienced and trained program coordinators, instructors or leaders. Convenience and cost are factors influencing the demand for Core programs. Due to various factors, these programs may not be reaching some customer groups.

CONTEXT

Seasonal fluctuations in demand Convenience is an important factor of Core programs

SOCIAL

Potential to serve a variety of interests Includes passive to active programs Language options Potential to address all ages and abilities

SERVICE DELIVERY

Usually delivered through a municipal service

ALIGNMENT

Each program to be fully aligned with the RMP goals and visions

Swimming | Games | Hiking |Basketball | Ice skating

CURATED

Curators programs are normally delivered through a partnership by the Recreation Department with a group that will have primary responsibility for designing and delivering the program. By planning for Curated programs to be included in the City's mix of recreation programs, a wider range of programs, including seasonal ones, is likely to be developed. Curated programs will be evaluated with the Implementation Tool PaT, which considers, among other things, how a proposed program might contribute to the goals of the RMP.

CONTEXT

Are offered at partner locations or city-owned facilities. Are seasonally aligned.

SOCIAL

Curated programming compliment the Core offering, filling in the gaps in programming range.

SERVICE DELIVERY

It is offered collaboratively through community partners.

ALIGNMENT

Priority shall be given to programs that support and are aligned with the RMP goals.

Cross-country skiing | Hiking | Water-based traditional Inuit activities | Land-based traditional Inuit activities

FEATURE

A feature program would typically be attractive to a smaller target customer base than a Core program, either because of the nature of the activity or to the number of times the program is available.

CONTEXT

Offered irregularly, perhaps one season

Aligned with seasons

The location of a Feature program, unless tied to a specialized facility, is less important than for Core programs.

SOCIAL

Responsive to new opportunities and ideas Useful for testing pilot programs

SERVICE DELIVERY

Are (usually) offered collaboratively with third-party service providers.

ALIGNMENT

Less emphasis on alignment with the RMP goals and visions

SPARK

Spark programs offer activities that are inspiring and memorable, leaving the participant with the desire to try more. They can be for the entire community, as in the case of festivals, or be targeted to a specific audience, such as motivational talks for Youth. Most often offered in collaboration with community partners and user groups.

CONTEXT

Offered in central locations, easily accessible by all community members or at targeted locations.

SOCIAL

Has the purpose to act as activator; event to remember, inspirational, motivational, for the entire community or targeted audience, e.g. youth, kids, women/ girls.

SERVICE DELIVERY

Offered through a curated indirect service delivery in collaboration with community partners

ALIGNMENT

Designed to support certain aspects of the RMP goals.

Cooking lessons | Innovate!R'North | Bike clinics | Land -navigation | Girls skateboarding

Music festival | Toonik Tyme | Motivational speakers | Youth Festival

POP-UP

Pop-Up programs are intended to support spontaneous recreation. Pop-Up programs can use any kind of facility or infrastructure, including a mobile cart or truck, anywhere in the city where spontaneous recreation occurs, including in neighbourhoods, at outdoor ice rinks, trail-heads, etc.

CONTEXT

Are offered anywhere.

Are season aligned.

SOCIAL

The program is supporting community-initiated programs.

SERVICE DELIVERY

It is offered through municipal service or collaboratively with community partners.

Consistency is a key factor for this program.

ALIGNMENT

Priority shall be given to programs that support and are aligned with the RMP goals.

FORMAT: BLOCK WEEK

A Block Week program is an intensive program running for four or more hours every day, for the course of a week.

Often offered as an intensive skill-building or learning activity, this format makes it possible to bring in specialists to support the program.

Through a concentrated curriculum, the Block Week allows the participant to start and gain momentum on practicing a dream activity.



Core, Curated and Feature programs can be offered in a Block Week format

Introduction to Graphic design | Drum building | Light sculpting | Video game design

Kids biking Repair-Shop | Outdoor Ice-Skating Warming Hut | Tea stand at trail-heads

The PaT is an assessment tool that shall be used when new programs and activities are created. The PaT guides the Recreation professional in tailoring the program's parameters, ensuring compatibility with and support of the 2020-2030 Recreation Master Plan visions.

To be used on existing programs, the Pat is proofing the alignment of program's parameters with the 2020-2020 Recreation Master Plan visions, prompting for possible ameliarations to improve its performance. The purpose of the Program Assessment Tool is to bring awareness to the breadth of factors that play a determinant role in the program's social and play a determinant role in the program's social and committee outcome. The sum of these factors create an informed decisional framework for tailoring a new, or adapting an existing program or activity.



Program Assessment Tool -Template

FOR NEW AND EXISTING PROGRAMS AND ACTIVITIES

Program Specifications

ВУ	SPONTANEOUS	SCHEDULE M T W T F S S	SEASONS SEASONS SEASONS Prime time time time time time time time t	support priority demographic on well as reflect lquint's societed values.	LEVEL OF INTENSITY	
DATE	CAPACITY	ry Direct Indirect Passive	seasonal change in the outdoor recreation demand bec seasonal change in the indoor recreation cap	Youth Quidoor Qiher Centre	Other	Other
PROGRAMNAME	PROGRAMTYPE Core Feature Spark Curated Pop-Up	Peabral / Conference / Black work / Plust Program / Innovation Program (Innovation Program Innovation Program DELIVERY	Outrooke programs Max Ask Internal Internal	PROGRAMLOCATION Libe Langlek Light Gurling Elders You Opilk Atena Centre Rink Oammaag Cen	AUDIENCE Children Youth Adults Eamilies Everyone	INCLUSIVITY Group/ Team Age group Individual Inter-generational



Please refer to the provided DATASET for a full-size, ledger-format, printable sheet

Master Plan goals - alignment tool

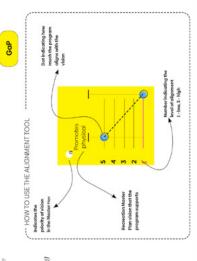
how every new or existing program (or activity) is aligned-with and supports the Recreation Master Plan This chart shall be used to assess 0



Upon assessment, reflect on alternatives for the program/ activity selup that can improve the

SCORE

Simple interventions such as adding a learning about the land and plants while Hiking) can add value to the participant and support the component to an outdoor activity (learning community's vision for Recreation.



"Someone like me" is clearly a very important category in our neural

CREATING A SENSE OF BELONGING

to participate and enjoy the municipal offering. community. By using cultural identifiers, Inuit can relate to the programs, stirring the desire inclusiveness, the programs must reflect also the values and aspirations of the Inuit To create a sense of belonging and

WHAT CULTURAL IDENTIFIERS DOES THE PROGRAM/ ACTIVITY INCORPORATE?

Language

Has learning components

Food preparation and/ or sharing Inter-generational gathering

Is land or water based

If any others, please specify below

Inuit games and/ or traditional activities

None, please explain



Addressing gender imbalance in ADVANCING GENDER EQUALITY

Recreation has been identified by the

Due to old social dynamics, girls and women often feel discouraged to participate in public Government of Canada as a pressing matter. To empower girls and women to participate confidence and slit a sense of safety and dignity is essential. Please evaluate if the program or activity offers opportunities to more, creating a recreation setup to gain activities and more so in activities that traditionally were exclusive to men.

minimize gender inequality

IN WHAT WAY IS THE PROGRAM/ ACTIVITY PROMOTING GENDER EQUITY?

Is developed especially for under-served groups (Indigenous women and girls, visible minorities, and members of the people with disabilities, newcomers, LGBTO2+ community)

Offers equipment free of charge to girls/ women coaches

Is an initiative to increase the number of

Offers free transportation after dark

Offers same time allocation as men at

Priority scheduling for program, activities and rentals

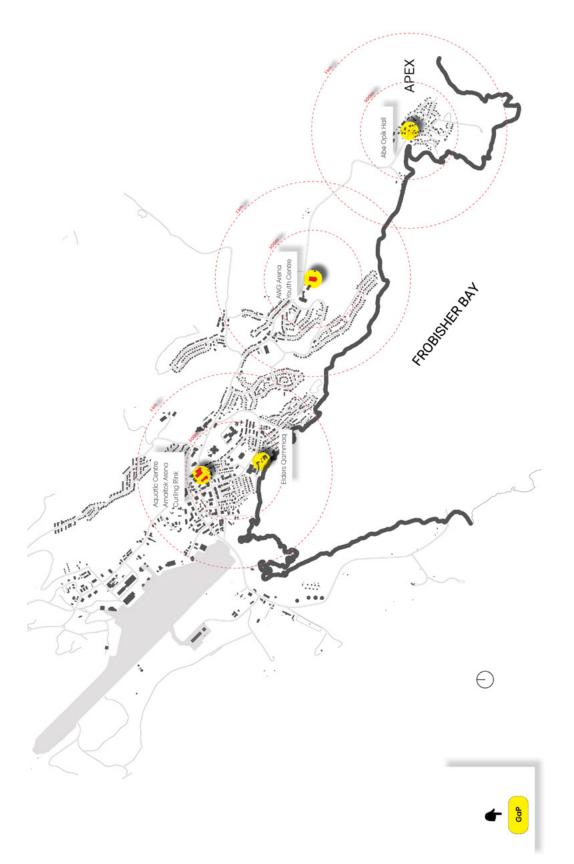
reduced fees



Please refer to the provided DATASET for a full-size, ledger-format, printable sheet

Financial considerations

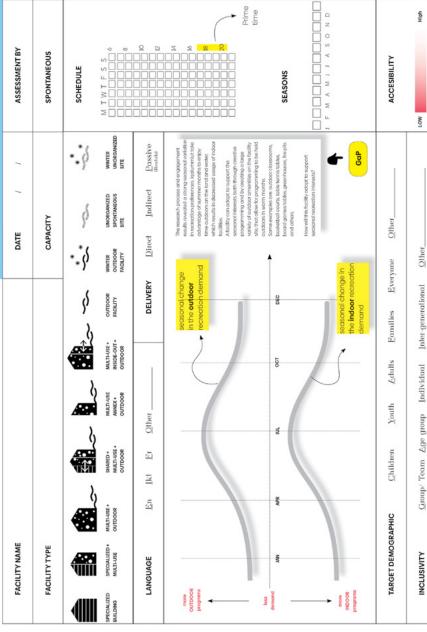
Program setup tactics	actics		Financial considerations	lerations
EQUIPMENT SYS 18% 18% 18%	SPECIALIZED	PARTNER Is the program offered	MUNICIPAL PROGRAM/ ACTIVITY/ EVENT	SPONTANEOUS/THIRD PARTY
STAFF How much staff is needed to run the program	LEADER Can the program be run by a volunteer' group leader	lhtough a community partner FUNDING Are you supporting the partner linancially or otherwise?	FUNDING How will the program be funded? Municipal funds Participation fee	FUNDING Are you supporting this program/ activity financially? If yes, how? Eunding Rental fee
LOCATION CORE and CURATED programs Should be offered at facilities that are within walking distance from the	CREATING RECREATION HUBS Whenever possible, a program should be offered in proximity to other programs. Whenever possible, a program should be offered in proximity to other programs, activities and thee play to create a vibrant Recreation Hub. This approach will create the play to create a vibrant Recreation and socialization appointmints for those who accompany broadcarm participants and socialization approach one child is enrolled	CREATING RECREATION HUBS Whenever possible, a program should be offered in proximity to other programs, activities and free play to create a vibrant Recreation Hub. This approach will areate hang out, passive necreation and socialization apportunities of those who commany nearmount participants and for families where only one child is enabled	Other	In kind <u>O</u> ther
community the program is rangeled for. Is the program offered at a conveniently located facility?	while the others can enjoy other activities at the Hub. Is the program offered proximity to other activities?	activities?	PARTICIPATION FEES Is the program/ activity free of charge?	PARTICIPATION FEES Is the program/ activity tree of charge? Are you collecting participation tees?
CONVENIENCE AND RELEVANCE TO COMMUNITY	TRANSPORTATION Is transportation provided/ offered for this activity?	activity?	REVENUE STREAMS What type of revenue will the program have?	REVENUE STREAMS Will the program/ activity generate any revenue? Please specify
To maximize participation, CORE, CURATED and POPL UP pagaran contents should be highly relevant to the community adjacent to the facility.	FACILITY PERCEPTION AND PROGRAM ALIGNMENT What is the existing perception of this facility?	JGNMENT	Registration fees Entry fees	
For example a CORE program offered at Abe Opik will need to be something that the Apex community can use.	Perceived volue (to community)		Tickets £dvertising	
Example An after-class Reading Room for all school ages to hang out, do homeworks, ploy games or read. Cambine with outdoor opportunities for tree play.	Nogramming Programming	Align programming with the perceived value of the facility to yield high level of participation.	Δ erchandise \underline{C} oncession Δ ther, please specify	
Is the program relevant to the communities adjacent to the facility?	Participation			



The FaT is a work tool to be used when new facilities or extensions are created. The FaT guides the Recreation professional in tailoring the facility's parameters, ensuring compatibility with and support of the 2020-2030 Recreation Master Plan visions.

Used on existing facilities, the FaT is proofing the alignment of the facility's specs with the 2020-2030 Recreation Master Plan visions, prompting for possible ameliorations to improve its performance.

Facility Specifications



Assessment Tool - Template

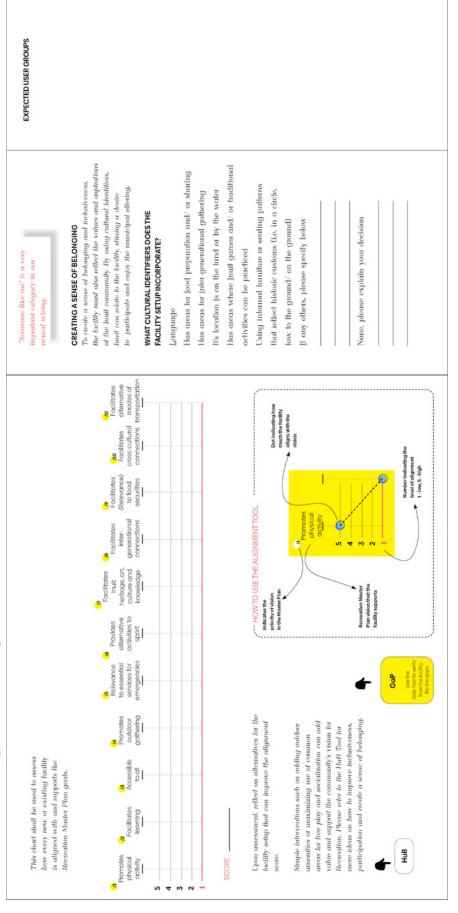
Facility

For new and existing facilities

4

Please refer to the provided DATASET for a full-size, ledger-format, printable sheet

Master Plan goals - alignment tool





Please refer to the provided DATASET for a full-size, ledger-format, printable sheet

Programming strategies

PLANNING FOR INCLUSIVENESS AND JUST ACCESS

inclusivity: Intensity range

PASSIVE (LESS ACTIVE)

Spatial considerations

A fair use of a facility shall consider a programming that offers activities with various intensities, from active to less active recreation. Acknowledging that people's interests are spanning across the range, is an effective tool to increase inclusiveness and cater to more residents.

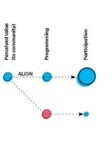




Large and particularly specialized facilities are offering ample spaces that are often used for learn-based activities, Joining a learn can be difficult and is not everyone's choice. Therefore, to ensure just access to these municipal resources, the programming range of such facilities shall take into consideration the individual customers by widening the programming range to include activities that are not leam-based.

FACILITY PERCEPTION

What is the existing/ desired perception of this facility?



Align programming with the perceived value of the facility to yield high level of participation.

hall is perceived as a neighbourhood facility essful program for the Apex community school-age children and youth to hang out, do homeworks, play games or read under Due to its remote location, the absence of public transit and hiking trails, Abe Opik designated parent supervision, could be a failed to attract participants. But creating om for all and regular programming consistently a daily after-class Rea

participation for those who cannot afford a AWG hall is hard to access in the absence

of public transit, creating a barrier to

Located at the periphery of Iqaluit, the

car or laxi fare. Programming public skale or regular activities at this facility can

prevent a segment of the population to

TRANSPORTATION

Map key landmarks in close proximity to

the facility:

LOCATION: Proximity

Is transportation provided offered for this facility?

CREATING RECREATION HUBS

Whenever possible, a facility should be located in proximity to other facilities or landmarks to create a vibrant Recredion itub. The Itub will become a destrable destination for participating in various programs for all family members, offering opportunities to hang out, engage in passive recreation and socialization for those who accompany program participants.

Yes Is the facility in the proximity to other facilities?

Proximity to the trail network can

support a hiking program.

safety for a 24-hour indoor/ outdo

Recreation Hub.

For example proximity to RCMP and a Fire Station can ensure

Reflect on how can this be useful?

If the facility is a building, would the property support outdoor amenities?

°N

Yes

S

What amenities can the property accommodate?

Passive recreation/Socialization

- Benches
- Chess/ Games tables/ Bistro sets
- Informal seating (boulders, qamutiik, low platforms)
 - Greenhouse

Warming huls, qulliq pit

Active recreation/ Free play

- Sliding/ jumping hill Playground
- Skaling rink

align future programming with the spatial

well as transit lines and trail networks. Is the facility a central hub or rather a neighborhood hall? Identify correctly and

Map walkshed around the facility as

CONVENIENCE AND RELEVANCE

TOCOMMUNITY

- Oulliq pit
- Skaling rink

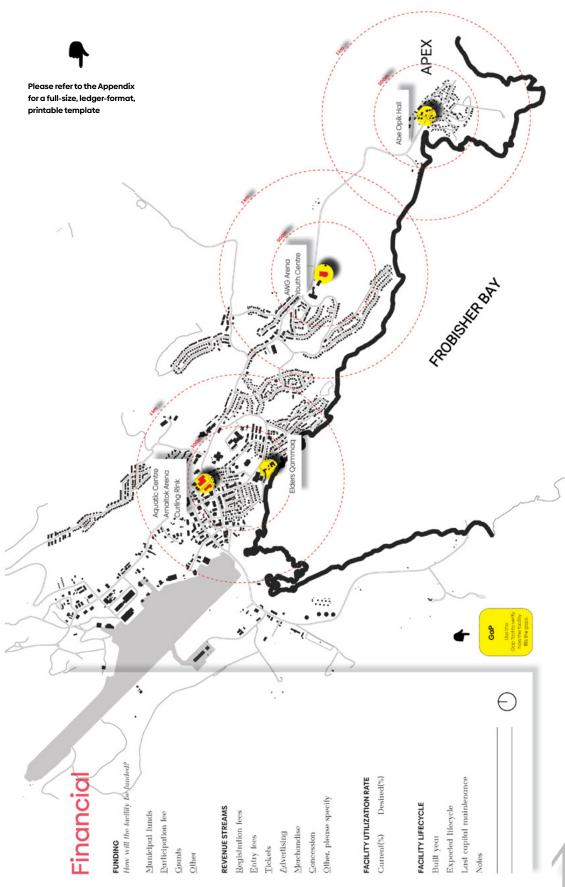
If the facility is a building, are there under-used indoor spaces such as lobbies that can be furnished and used for socialization and free play?

Please refer to the Hub tool for more tips on how to create a Recreation hub.



S

Yes





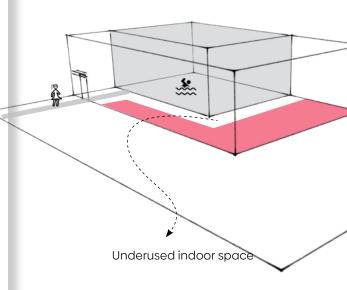
The Hub booklet has been created to walk the recreation professional through the design process when planning a new facility or evaluating the hidden potential of an existing facility. Intended as a self-help document, a series of diagrams reveal the design thinking that leads to finding underused spaces in a building, and repurposing them for socialization, passive recreation and free play.

Grounded in ample research on successful public spaces, and advocating for simple, low-cost interventions, the guidebook highlights the importance of locating as many and diverse activities in proximity, in order to maximize participation. Using informal furniture and loose layouts can increase the sense of belonging for many people, encouraging the use of place.

7

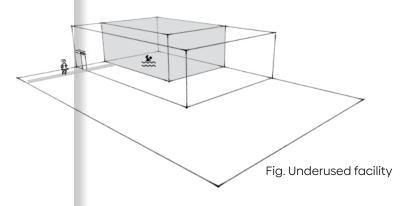
Identify underused indoor spaces, such as lobbies, hallways, cafeterias and waiting rooms.





Recreation Hubs Placemaking

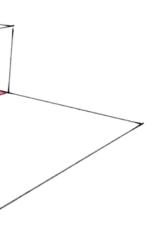
FOR NEW AND EXISTING PROGRAMS AND ACTIVITIES

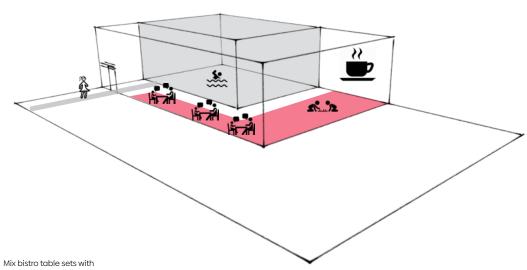




Reserve a 1.5m* corridor for walking and use the remainder available space to create places for socialization, free play and passive recreation. Adding a beverage dispenser or a coffee cart, helps bringing people together.

* Please refer to local construction bylaws for required dimensions





furnishing elements reflecting the Inuit culture, such as low tables and informal seating such as bean bags. Hang up shelfs and stock with free books and board games.



Informal spaces with cultural identifiers are more inviting and can generate a sense of belonging in a wider demographic.

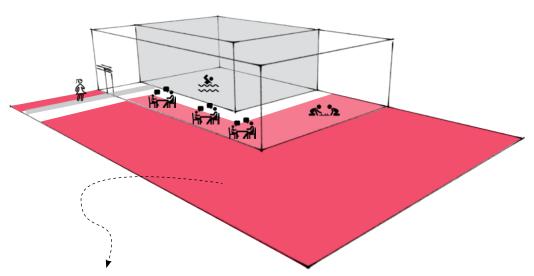


Please refer to the Appendix for a full-size, ledger-format, printable template





Identify underused outdoor spaces within the property lines. Involve the residents to imagine a Community Living Room. How would that look like? What would people enjoy doing?



Available space around the facility

Creating welcoming outdoor spaces around existing facilities brings many benefits to the adjacent communities as well.

Concentrating the leisure and recreation opportunities is especially important in arctic, isolated communities. Community Living Rooms are healthy environments that can contribute to alleviating feelings of loneliness and increase the sense of wellbeing.

Create a Recreation Hub/ Community Living Room

With minimal interventions, create a vibrant outdoor place where anyone could find something to do or would enjoy just being. Ample seating is key.

A free outdoor library would be great!

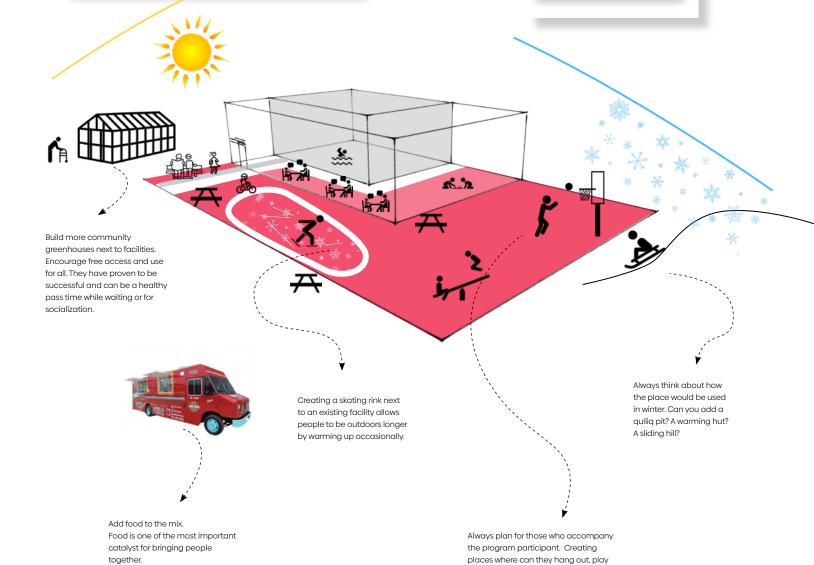
Triangulation of Uses.

Research shows that setting up multiple activities in close proximity increases participation.

The winning formula for placemaking is:

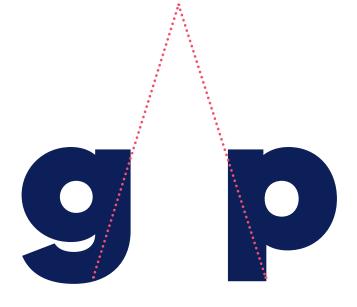
- + AMPLE SEATING
- + THINGS TO DO/ SEE
- + FOOD

some games, or hang out with others and pass time while waiting.



Delivered as a 36"x48" wall poster, the GaP tool is a hands-on, daily planning tool.

Monitoring three recreation determinants, the poster gives the Recreation planner a visual overview on critical factors affecting participation. By keeping track of these factors, the focus on increasing participation switches from simple body counts to the active pursuit of catering to more segments of the population. Emerged from considerations for inclusiveness, creating a sense of belonging and understanding the complex reasons influencing one's decision to participate, a wider range of programming can be proposed.

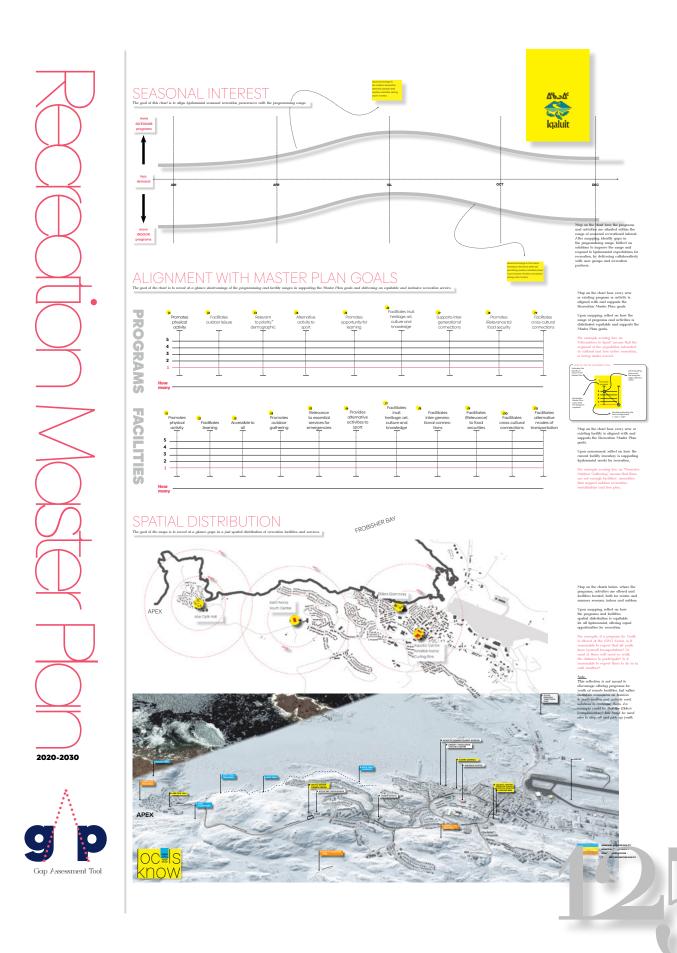


Gap Assessment Tool

FOR NEW AND EXISTING PROGRAMS AND FACILITIES



Please refer to the dataset for a full-size printable template





Master Plan conclusion

People first. Locals know.

The 2020-2030 Iqaluit Recreation Master Plan for the City of Iqaluit sets out priorities for the Recreation Department regarding investments in recreation facilities and programs that are priorities for Iqalummiut. Through the LocalsKnow public engagement process and an examination of recreation trends and successes, work on the plan reinforced and validated the Recreation Department's sense that Iqaluit needs to seize opportunities to develop new kinds of programming and optimize existing and new facilities to increase recreation participation rates, especially by youth, Inuit families, and women and girls.

The 2020-2030 Iqaluit Recreation Master Plan emphasizes that the City's recreation options have potential to be even more inclusive by improving communications, building on the strengths of Iqaluit's diverse population, addressing impediments to participation, and reimagining or expanding existing facilities as both recreational spaces and places of community connection. It stresses the importance of continuous public feedback and proposes that the Recreation Department look at a broader range of service delivery models and program types (Core, Feature, Spark, Curated, and Pop-up). The plan also includes an Implementation Toolkit to be used by the Recreation Department to identify gaps, plan and design programs, assess facilities and create recreation hubs.

At its heart, the 2020-2030 Iqaluit Recreation Master Plan considers and addresses a wide range of factors that all communities need to consider when planning recreation services, including social and health determinants, business considerations, cultural contexts, demographics and the physical environment. It reaches out to serve Iqaluit, a forward-looking and active community that continuously strives to do better.





 $\mathsf{Page}\,13O$



 $\mathsf{Page}\,\mathbf{138}$

Implementation templates

Page 139



Case study

Program Specifications

The PaT is an assessment tool that shall be used when

new programs and activities are created. The PaT guides the Recreation professional in tailoring the

program's parameters, ensuring compatibility with and support of the 2020-2030 Recreation Master Plan

the alignment of program's parameters with the 2020-

2030 Recreation Master Plan visions, prompting for possible ameliorations to improve its performance.

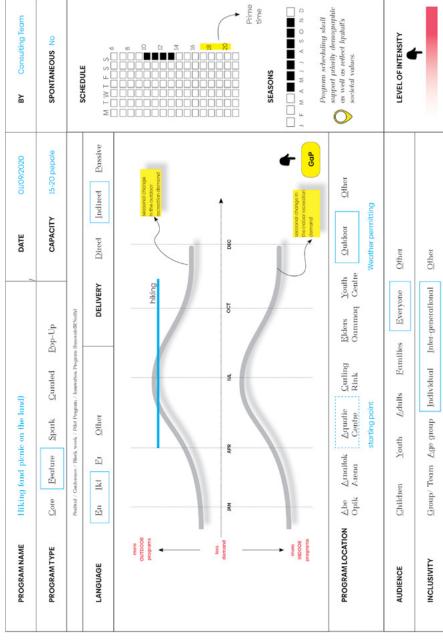
To be used on existing programs, the PaT is proofing

economic outcome. The sum of these factors create an informed decisional framework for tailoring a new

or adapting an existing program or activity.

play a determinant role in the program's social and

to bring awareness to the breadth of factors that





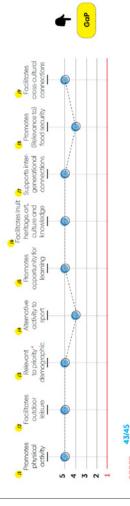
Please refer to the provided DATASET for a full-size, ledger-format, printable sheet



Program Assessment Tool FOR NEW AND EXISTING PROGRAMS AND ACTIVITIES

Master Plan goals - alignment tool

supports the Recreation Master Plan how every new or existing program This chart shall be used to assess (or activity) is aligned-with and 0



0

CREATING A SENSE OF BELONGING

category in our neural wiring.

is clearly a very important

"Someone like me"

to participate and enjoy the municipal offering. community. By using cultural identifiers, Inuit can relate to the programs, stirring the desire inclusiveness, the programs must reflect also the values and aspirations of the Inuit

WHAT CULTURAL IDENTIFIERS DOES THE PROGRAM/ ACTIVITY INCORPORATE?

- Has learning components
- Eood preparation and/ or sharing
- Inter-generational gathering

None, please explain

GaP

Number indicating t level of allgriment 1 - low, 5 - high

--- INFO ---

0



To create a sense of belonging and

- Language

- Is land or water based
- Inuit games and/ or traditional activities If any others, please specify below

Dot indicating how much the program aligns with the vision

-- HOW TO USE THE ALIGNMENT TOOL

Indicates the priority of vision in the Master Plan

Simple interventions such as adding a learning

component to an outdoor activity (learning about the land and plants while Hiking) can add value to the participant and support the

community's vision for Recreation.

Upon assessment, reflect on alternatives for the

program/ activity setup that can improve the

alignment score,

ADVANCING GENDER EQUALITY 0

Due to old social dynamics, girls and women often feel discouraged to participate in public activities and more so in activities that Government of Canada as a pressing matter. Addressing gender imbalance in Recreation has been identified by the traditionally were exclusive to men.

To empower girls and women to participate dignity is essential. Please evaluate if the more, creating a recreation setup to gain confidence and stir a sense of safety and program or activity offers opportunities to minimize gender inequality.

IN WHAT WAY IS THE PROGRAM/ ACTIVITY PROMOTING GENDER EQUITY?

Is developed especially for under-served groups (Indigenous women and girls, visible minorities, and members of the people with disabilities, newcomers, LGBTO2+ community)

Offers equipment free of charge to girls women coaches

Offers free transportation after dark

Is an initiative to increase the number of

Offers same time allocation as men at reduced fees

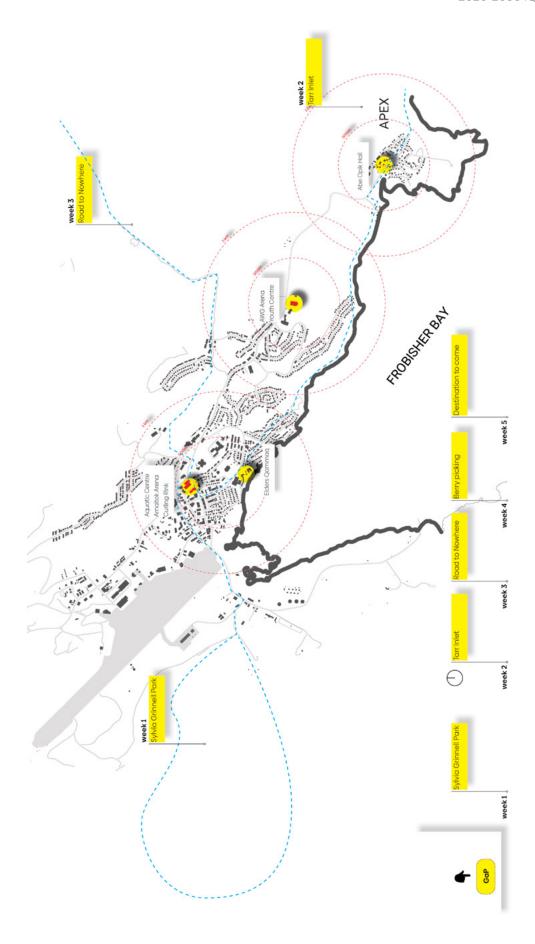
Offers opportunities to newcomers to learn arctic fundra to those who otherwise have and experience the traditional Inuit lands Priority scheduling for program, activities Offers a safe, guided recreation on the no opportunity to enjoy it and rentals



Please refer to the provided DATASET for a full-size, ledger-format, printable sheet

Financial considerations

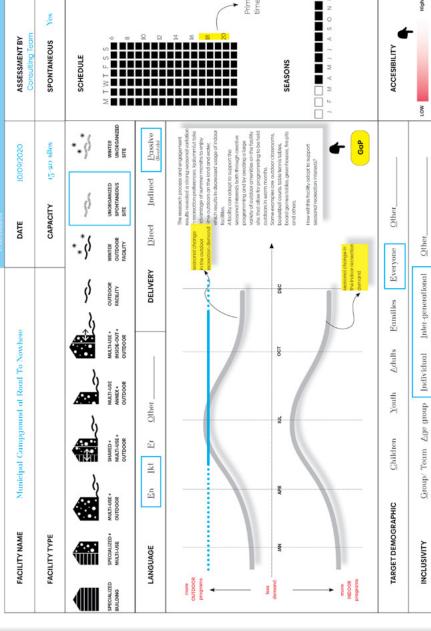
Program setup tactics	actics		Financial considerations	derations
EQUIPMENT SAS 🕦 🎮	SPECIALIZED No	PARTNER No Is the program offered	MUNICIPAL PROGRAM/ ACTIVITY/ EVENT	SPONTANEOUS/ THIRD PARTY No
STAFE How much staff is needed to run the program	LEADER Can the program be run by a volunteer group leader Yes	through a community pattner FUNDING Are you supporting the pattner with financialy or otherwise? No	FUNDING How will the program be funded? X. Muntcipal funds X. Darticipation fee	FUNDING Are you supporting this program/ activity financially? If yes, how? Eunding NAA
CORE and CURATED programs CORE and CURATED programs should be offered of facilities that are within walking distance from the	CREATING RECREATION HUBS Whenever posible, a program should be offered in proximity to other programs. Whenever posible, or program should be offered in proximity to other programs, activities and free play to erede a vibrant Revending hill. This approach will create hange to prove the program participants and socialization opportunities for those who accompany program participants and for families where only one child is enrolled	tered in proximity to other programs, Recedion Hub. This approach will create on opportunities for those who milles where only one child is enrolled	Other	In kind <u>O</u> ther
Is the program offered at a conveniently located facility? Yes, Aquatic Centre	while the others can enjoy other activities at the Hub. Is the program offered proximity to other activities? $N.K.$	t the Hub. ctivities?	PARTICIPATION FEES Is the program/ activity free of charge? No. Regular fee schedule applies	PARTICIPATION FEES Is the program/ activity tree of charge? Are you collecting participation fees? N.A.
CONVENIENCE AND RELEVANCE TO COMMUNITY	TRANSPORTATION Is transportation provided/offered for this activity?	No No	REVENUE STREAMS What type of revenue will the program have?	REVENUE STREAMS Will the program/ activity generate any revenue? Please specify
To maximize participation, CORE, CURATED and POP UP program contents should be highly relevant to the community adjected to the facility. For example a CORE program offered at Abe Opik will need to be something that the Apex community can use.	FACILITY PERCEPTION AND PROGRAM ALIGNMENT What is the existing perception of this facility? Perceived value (to community)	GOMMENT Outdoor programs are very desirable	 X Begistration fees X Entry fees Tickets Advertising Merchandise 	N/A
An after-class Reading Ream for all school organs to again to a school agas to hang out, do homeworks, play games or read. Cambine with outdoor opportunities for free play. It was play: Is the program relevant to the communities adjacent to the facility? Yes	Programming Participation	Align programming with the perceived value of the facility to yield high level of participation.	<u>C</u> oncession $\overline{\Omega}$ ther, please specify	



Case study

Facility Specifications

The FaT is a work tool to be used when new facilities or





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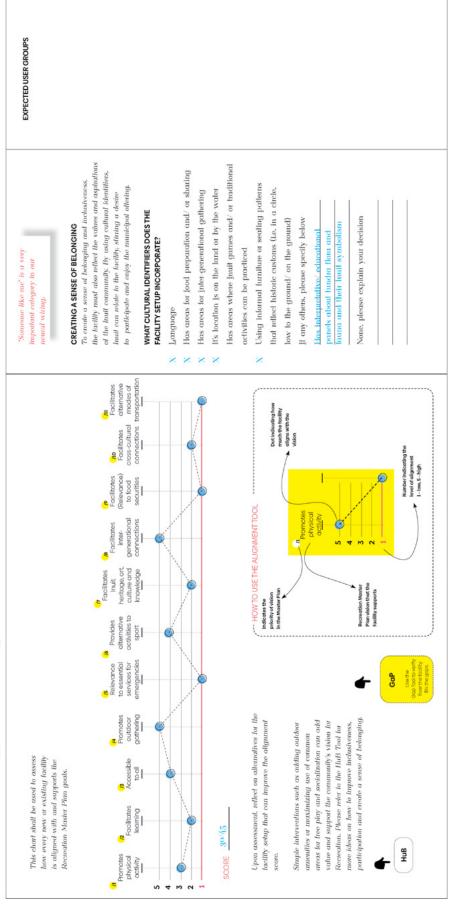
extensions are created. The FaT guides the Recreation professional in talloring the facility's parameters, ensuring compatibility with and support of the 2020-2030 Recreation Master Plan visions.

Used on existing facilities, the FaT is proofing the alignment of the facility's specs with the 2020-2030 Recreation Master Plan visions, prompting for possible ameliorations to improve its performance.

Facility Assessment Tool

For new and existing facilities

Master Plan goals - alignment tool





Please refer to the provided DATASET for a full-size, ledger-format, printable template

Programming strategies

Spatial considerations

Map key landmarks in close proximity to the facility.

LOCATION: Proximity

Rentals (Passive)
 Direct service
 Indirect service

PLANNING FOR INCLUSIVENESS AND JUST ACCESS

Inclusivity: Intensity range

PASSIVE (LESS ACTIVE)

For example proximity to RCMP and a Fire Station can ensure sately for a 24-hour indoor/ outdo Reflect on how can this be useful? Recreation Hub.

Proximity to the trail network can support a hiking program.

A fair use of a facility shall consider a programming that offers activities with various intensities, from active to less active recreation. Acknowledging that people's intensis are spanning across the range, is an effective tool to increase inclusiveness

There is a hiking trail in

=

Inclusivity: Individuality range

and cater to more residents.

CONVENIENCE AND RELEVANCE

Large and particularly specialized facilities are offering ample spaces that are often used for team-based activities. Joining a team can be difficult and is not everyone's

programming range of such facilities shall take into consideration the individual customers by widening the programming range to include activities that are not team-based.

choice. Therefore, to ensure just access to these municipal resources, the

TOCOMMUNITY

align future programming with the spatial neighborhood hall? Identify correctly and well as transit lines and trail networks. Is the facility a central hub or rather a Map walkshed around the facility as

Due to the fact that this is already an established, resident appropriated spontaneously camp site, its boarlion has been of treatly every well known residents and is very well known and used. The campground is highly digned with the existing perception of the site.

What is the existing/ desired perception of this facility?

FACILITY PERCEPTION

of public transit, creating a barrier to participation for those who cannot afford a AWG hall is hard to access in the absence car or laxi fare. Programming public skate or regular activities at this facility can Located at the periphery of Iqaluit, the prevent a segment of the population to participate.

Attention must be paid that the formal design fayout is supporting the reasons the site was picked in the first place by the residents that need for privacy, before e between fundin experience and proximity to liquid).

NOTE

TRANSPORTATION

Is transportation provided offered for this facility?

Whenever possible, a facility should be located in proximity to other facilities or landmarks to create a vibrant Recreation Hub. The Hub will become a desirable destination for participating in various programs for all tamity members, offering opportunities to hang out, engage in passive recreation and socialization for those who accompany program participants. **CREATING RECREATION HUBS**

Is the facility in the proximity to other facilities?

If the facility is a building, would the property support outdoor amenities?

Yes

No

°N

What amenities can the property accommodate?

Passive recreation/Socialization Benches

- Chess/ Games tables/ Bistro sets
- Informal seating (boulders, qamutiik, low platforms) Z
 - Greenhouse
- Warming huts, qulliq pit ×

Active recreation/ Free play

Sliding/ jumping hill Skating rink Playground

Oulliq pit

Skating rink

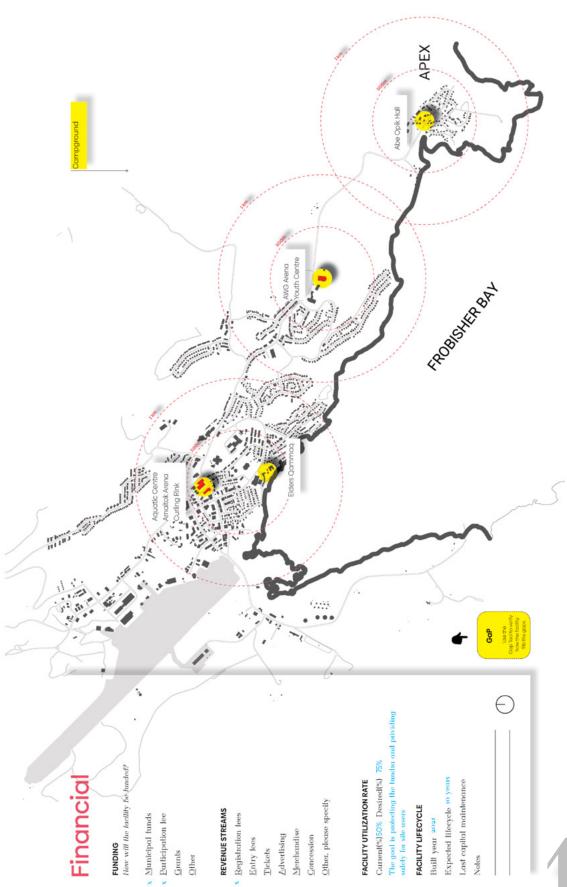
If the facility is a building, are there under-used indoor spaces such as lobbies that can be furnished and used for socialization and free play?

å

Yes

Please refer to the Hub tool for more tips on how to create a Recreation hub.





IMPLEMENTATION DATE PLANNING DATE Consulting team PLANNING BY

Some cultural identifiers are currently used in the Elders and Youth programs, as well as at community gatherings Service delivery language is currently exclusively

CURRENT CONDITIONS
Detail the current state

Community groups as advisors Hunters and Trappers Association

POTENTIAL PARTNERS
- OIA

There is limited Inuktituk language used on the City

Recreation website pages.

- The Elders Oammaq has strong Inuit cultural identity.

IMPLEMENTATION TOOLS TO USE

PaT

unication with community SUCCESS DEPENDS HIGHLY ON What are critical to the s

Understanding of Inuit culture

Cultural sensitivity

and making them front and centre. - Providing unique programming to showcase Inuit cultu to, print making, Inuit games, food preparation.

Evaluate existing facilities to identify ways of including final cultural references in the physical space is.
 Pholographs, scaling arangements, artifacts, art
 Cochebacle Innit culture by showershing special programs

KEY STEPS AND IMPLEMENTATION CONSIDERATIONS

June 10, 2020

Evaluate existing service delivery to identify pportunities to include Inuktituk.

PRECEDENT RESEARCH Show an example of best practices

First Peoples' Cultural Gouncil - Language Nest

incorporating cultural identifiers in communications and

Develop a sense of belonging among Inuit by

DESIRED OUTCOME

Pogram (http://www.lpcc.ca/language/Programs/) YMCA Calgary Indigenous Programs and Services YMCA 7th Generation (Y7G) (https://www.ymeacah

munities known to the regions are utilize - University of Calgary Mathison Hall Haskayne School of Business Expansion - 'Native and adaptive plant species and communities known to the regions are utilis in the planting design and in consultation, species that org/community-ymea/indigenous/)

and stirring the desire to participate and enjoy programs and activities, has two components.

- Physical component feating, bayard, beation)
- Spirithal component (forquage, food, kenring, carbent)
- Pograms and places that hant can relate to.

Creating a sense of belonging for the Inuit community When asked, Inuit should indicate that they feel

welcome, secure and supported.

hold Indigenous significance were selected*

- Yongunan Garden in Hensifatr - 65% of 82 surveyed

visitos gared that the art in the garden has helped then
understand the site's cultural and historical importance

CARD

ACTION IMPLEMENTATION DETAILS

id iliy	X THE ACTION A CRITICAL PATH MILESTONE
y an y ser mun	_
tiffers eliver use th	P1
Implement cultural identifiers in programming, service delivery and communication to increase the sense of belonging of the Inuit community	ACTION 1 PI
Itura , serv on to of the	ST3/IN2 ACTION 1 Y ACTION D
nt cu ming icatio	ACTION ACTION
leme mun elong	ST3/IN2
d b	ST3

6.00	X X X X X X X X X X X X X X X X X X X
and sense	× ····► IS THE CRITIC
implement cultural identities in programming, service delivery and communication to increase the sense of belonging of the Inuit community	ACTION 1 P1
ervice to inc the In	ON1
nt cult ming, s ication jing of	ACTION ID
Impleme programs commun of belong	ST3/IN2 ACTION 1 Y A ACTION IN INTERSIGNED INFLE

RELEVANCE TO STRATEGIES

Voz/1, Voz/2, Voz/3, Voz/4, Voz/5, Voz/6, Voz/3, Voz/3, Voz/4,

ACTION

1-3 years

TIMELINE BRACKET

IMPLEMENTATION TIME FRAME 6 months - ongoing

FINANCIAL COMMITMENT

Medium (primarily labor) +/- 50,0008 - signage, art,

HR COMMITMENT

low (10%)

SPATIAL REQUIREMENT

low

Please refer to the provided DATASET for a full-size, ledger-format, printable template

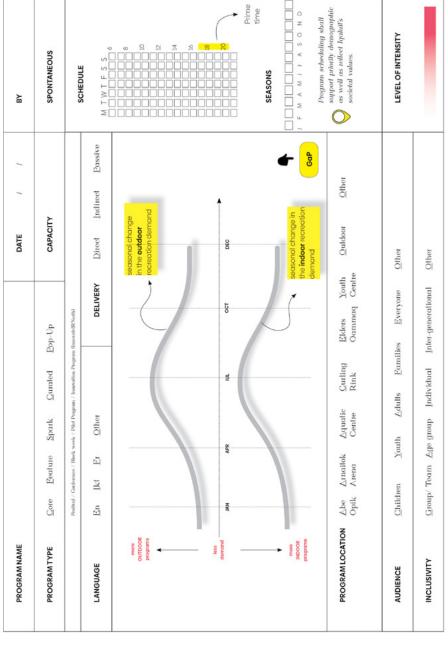


Implementation templates





ACTION CARD



Assessment Tool -Template

Program

FOR NEW AND EXISTING PROGRAMS AND ACTIVITIES

Program Specifications

the alignment of program's parameters with the 2020-The PaT is an assessment tool that shall be used when and support of the 2020-2030 Recreation Master Plan an informed decisional framework for tailoring a new, or adapting an existing program or activity. economic outcome. The sum of these factors create To be used on existing programs, the PaT is proofing play a determinant role in the program's social and program's parameters, ensuring compatibility with 2030 Recreation Master Plan visions, prompting for possible ameliorations to improve its performance. new programs and activities are created. The PaT guides the Recreation professional in tailoring the to bring awareness to the breadth of factors that The purpose of the Program Assessment Tool is visions.



DATASET for a full-size, ledger-format, printable template



Master Plan goals - alignment tool

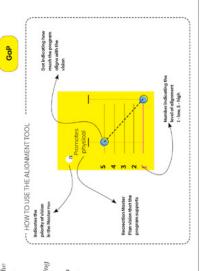
how every new or existing program (or activity) is aligned-with and supports the Recreation Master Plan This chart shall be used to assess 0



Upon assessment, reflect on alternatives for the program/ activity selup that can improve the

SCORE

Simple interventions such as adding a learning about the land and plants while Hiking) can add value to the participant and support the component to an outdoor activity (learning community's vision for Recreation.



"Someone like me" is clearly a very important category in our neural

CREATING A SENSE OF BELONGING

to participate and enjoy the municipal offering. community. By using cultural identifiers, Inuit can relate to the programs, stirring the desire inclusiveness, the programs must reflect also the values and aspirations of the Inuit To create a sense of belonging and

WHAT CULTURAL IDENTIFIERS DOES THE PROGRAM/ ACTIVITY INCORPORATE?

Language

Has learning components

Food preparation and/ or sharing

Is land or water based

Inter-generational gathering

Inuit games and/ or traditional activities

If any others, please specify below

None, please explain

--- INFO ----



ADVANCING GENDER EQUALITY

Recreation has been identified by the

Addressing gender imbalance in

Due to old social dynamics, girls and women often feel discouraged to participate in public Government of Canada as a pressing matter. To empower girls and women to participate confidence and slit a sense of safety and dignity is essential. Please evaluate if the program or activity offers opportunities to more, creating a recreation setup to gain activities and more so in activities that traditionally were exclusive to men. minimize gender inequality

IN WHAT WAY IS THE PROGRAM/ ACTIVITY PROMOTING GENDER EQUITY?

Is developed especially for under-served groups (Indigenous women and girls, visible minorities, and members of the people with disabilities, newcomers, LGBTO2+ community) Is an initiative to increase the number of Offers equipment free of charge to girls/ women coaches

Offers same time allocation as men at Offers free transportation after dark

Priority scheduling for program, activities and rentals

reduced fees

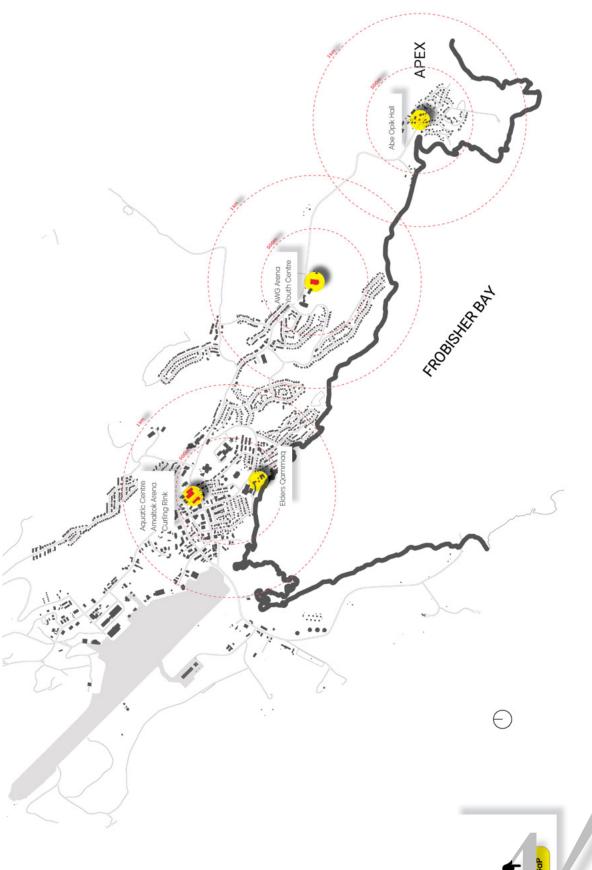




Please refer to the provided DATASET for a full-size, ledger-format, printable template

Financial considerations

Program setup tactics	actics		Financial considerations	lerations
EQUIPMENT SYS 18 18 18	SPECIALIZED	PARTNER Is the program offered	MUNICIPAL PROGRAM/ ACTIVITY/ EVENT	SPONTANEOUS/THIRD PARTY
STAFE How much staff is needed to run the program	LEADER Can the program be run by a volunteer' group leader	through a community partner FUNDING Are you supporting the partner financially or otherwise?	FUNDING How will the program be funded? Municipal funds Participation fee	FUNDING Are you supporting this program/ activity financially? If yes, how? Eurding Rental fee
LOCATION CORE and CURATED programs CORE und CURATED programs should be offered at facilities that are within working distance from the	CREATING RECREATION HUBS Whenever possible, a program should be offered in proximity to other programs. Whenever possible, a program should be offered in proximity to other programs, activities and free play to create a vibrant Recreation Hub. This approach will create hung at prosection and socialization appointmities to those who accompany program participants and for families where only one child is enrolled	fleeed in proximity to other programs. Recevedion Ital. This approach will create ion apportunities of those wor	Other	In kind <u>O</u> iher
is the program offered at a conveniently located facility?	while the others can enjoy other activities at the Hub. Is the program offered proximity to other activities?	activities?	PARTICIPATION FEES Is the program/ activity free of charge?	PARTICIPATION FEES Is the program/ activity tree of charge? Are you collecting participation tees?
CONVENIENCE AND RELEVANCE TO COMMUNITY	TRANSPORTATION Is transportation provided/ offered for this activity?	activity?	REVENUE STREAMS What type of revenue will the program have?	REVENUE STREAMS Will the program/ activity generate any terenue? Please specify
To maximize participation, CORE, CURATED and POP-Up pagatum contents should be highly relevant to the community adjacent to the facility.	FACILITY PERCEPTION AND PROGRAM ALIGNMENT What is the existing perception of this facility?	GUMENT HHy?	Registration fees Entry fees	
Por example a CORE program offered at Abe Opik will need to be something that the Apex community can use. Example An after class Reading Roam for all school ages to hang out, do homeworks, play games or read. Combine with outdoor opportunities for	Perceived volue (to community) Your Programming	Align programming with the perceived value of the facility to yield high level of participation.	Tickels £dvertising Merchandise Concession Other, please specify	
free play: Is the program relevant to the communities adjacent to the facility?	Participation			



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Facility Specifications

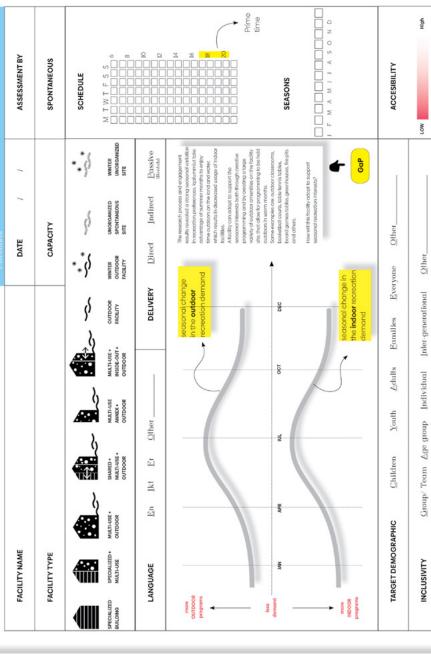
extensions are created. The FaT guides the Recreation

professional in tailoring the facility's parameters,

ensuring compatibility with and support of the 2020-

2030 Recreation Master Plan visions.

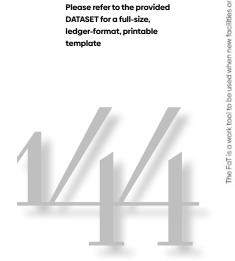
Used on existing facilities, the FaT is proofing the alignment of the facility's specs with the 2020-2030 Recreation Master Plan visions, prompting for possible ameliorations to improve its performance.



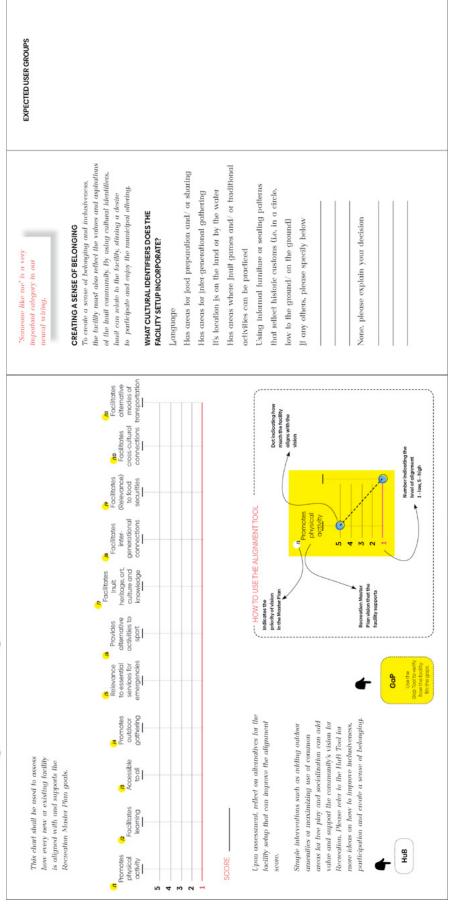
Facility Assessment Tool - Template

For new and existing facilities

Please refer to the provided DATASET for a full-size, ledger-format, printable template



Master Plan goals - alignment tool







Please refer to the provided DATASET for a full-size, ledger-format, printable template

Programming strategies

Spatial considerations

Map key landmarks in close proximity to the facility:

LOCATION: Proximity

PLANNING FOR INCLUSIVENESS AND JUST ACCESS

inclusivity: Intensity range

PASSIVE (LESS ACTIVE)

Reflect on how can this be useful?

safety for a 24-hour indoor/ outdoo For example proximity to RCMP and a Fire Station can ensure

Proximity to the trail network can support a hiking program. Recreation Hub.

A fair use of a facility shall consider a programming that offers activities with various intensities, from active to less active recreation. Acknowledging that people's interests are spanning across the range, is an effective tool to increase inclusiveness

=

Inclusivity: Individuality range

and cater to more residents.

CONVENIENCE AND RELEVANCE TOCOMMUNITY

Large and particularly specialized facilities are offering ample spaces that are often used for team-based activities, Joining a team can be difficult and is not everyone's choice. Therefore, to ensure just access to these municipal resources, the programming range of such facilities shall take into consideration the individual

customers by widening the programming range to include activities that are not

leam-based.

align future programming with the spatial well as transit lines and trail networks. Is the facility a central hub or rather a neighborhood hall? Identify correctly and Map walkshed around the facility as

Align programming with the perceived value of the facility to yield high level of

participation.

What is the existing/ desired perception of this facility?

FACILITY PERCEPTION

hall is perceived as a neighbourhood facility

failed to attract participants. But creating

and regular programming consistently

om for all

a daily after-class Rea

Due to its remote location, the absence of public transit and hiking trails, Abe Opik

accessful program for the Apex community school-age children and youth to hang out, do homeworks, play games or read under

designated parent supervision, could be a

participation for those who cannot afford a AWG hall is hard to access in the absence car or laxi fare. Programming public skale or regular activities at this facility can Located at the periphery of Iqaluit, the prevent a segment of the population to of public transit, creating a barrier to

TRANSPORTATION

Is transportation provided offered for this facility?

CREATING RECREATION HUBS

Whenever possible, a facility should be located in proximity to other facilities or landmarks to create a vibrant Recredion Itub. The Itub will become a destrable destination for participating in various programs for all family members, offering opportunities to hang out, engage in passive recreation and socialization for those who accompany program participants.

Is the facility in the proximity to other facilities?

°N °N

Yes Yes

If the facility is a building, would the property support outdoor amenities?

What amenities can the property accommodate? Passive recreation/Socialization

- Benches
- Chess/ Games tables/ Bistro sets
- Informal seating (boulders, qamutiik, low platforms)
- Greenhouse
- Warming huls, qulliq pit

Active recreation/ Free play

- Sliding/ jumping hill Playground
- Skaling rink Oulliq pit

If the facility is a building, are there under-used indoor spaces such as lobbies that can be furnished and used for socialization and free play? Skaling rink

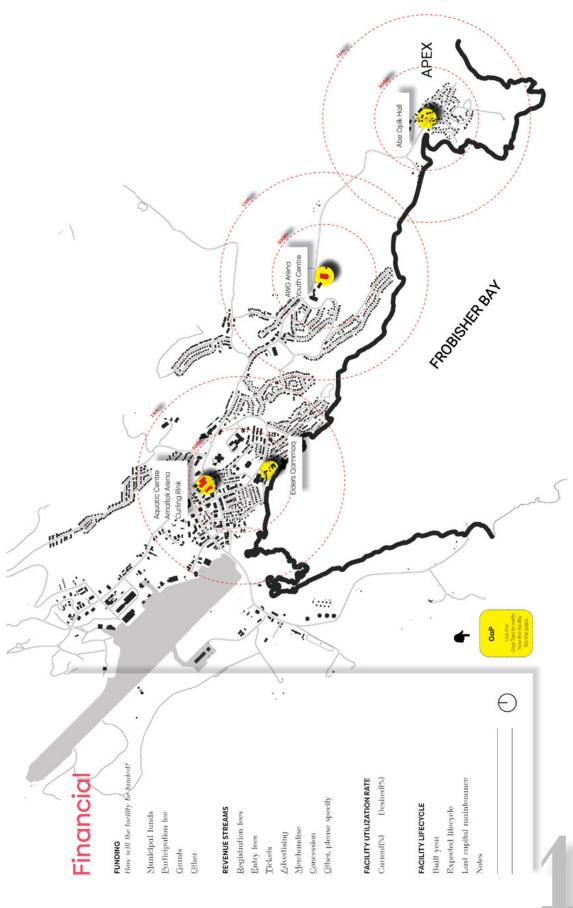
S

Yes



Please refer to the Hub tool for more tips on how to create a Recreation hub.





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CHAPTER 08: APPENDIX

KEY STEPS AND IMPLEMENTATION CONSIDERATIONS				PRECEDENT RESEARCH show on a comple of best practices. Explain why was chosen.				
PLANNING DATE IMPLEMENTATION DATE	POTENTIAL PARTNERS	IMPLEMENTATION TOOLS TO USE	SUCCESS DEPENDS HIGHLY ON What are the elements that are critical to the successful implementation	DESIRED OUTCOME				
PLANNING BY	CURRENT CONDITIONS Detail the current state			TIMELINE BRACKET Now 1-3 years 3-10 years	IMPLEMENTATION TIME FRAME x months	FINANCIAL COMMITMENT [Low-C-II0,000 Medium SI0,000 to 150,000 to 1	HRCOMMITMENT	SPATIAL REQUIREMENT



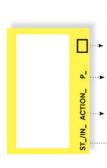
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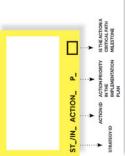
RELEVANCE TO STRATEGIES



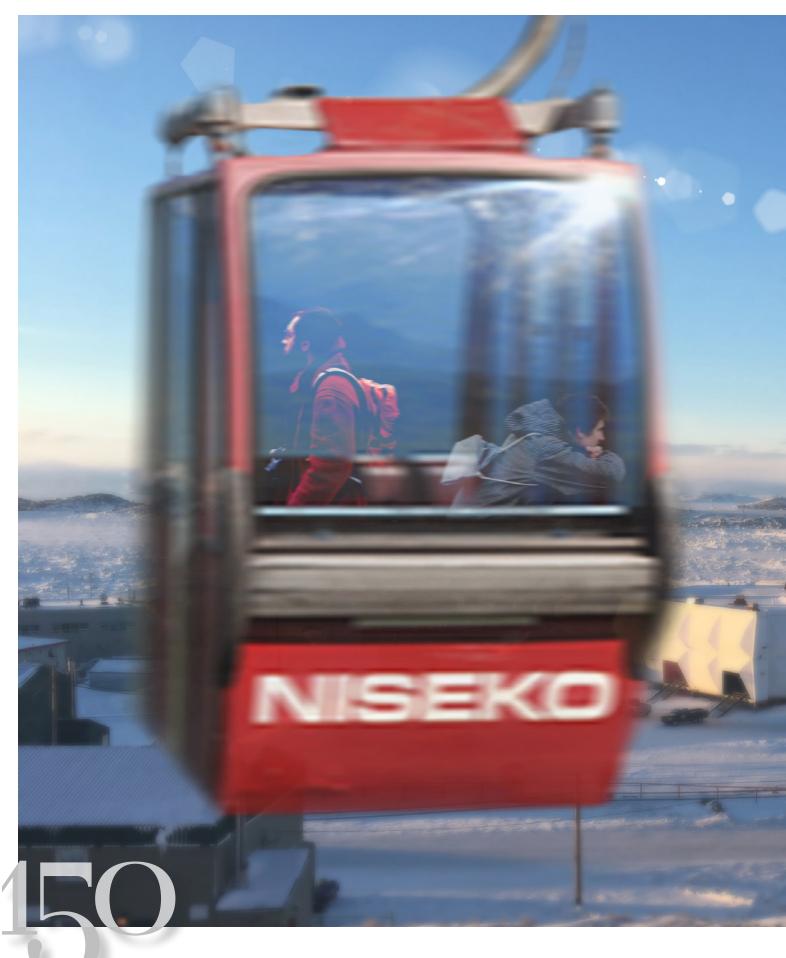
ACTION IMPLEMENTATION DETAILS

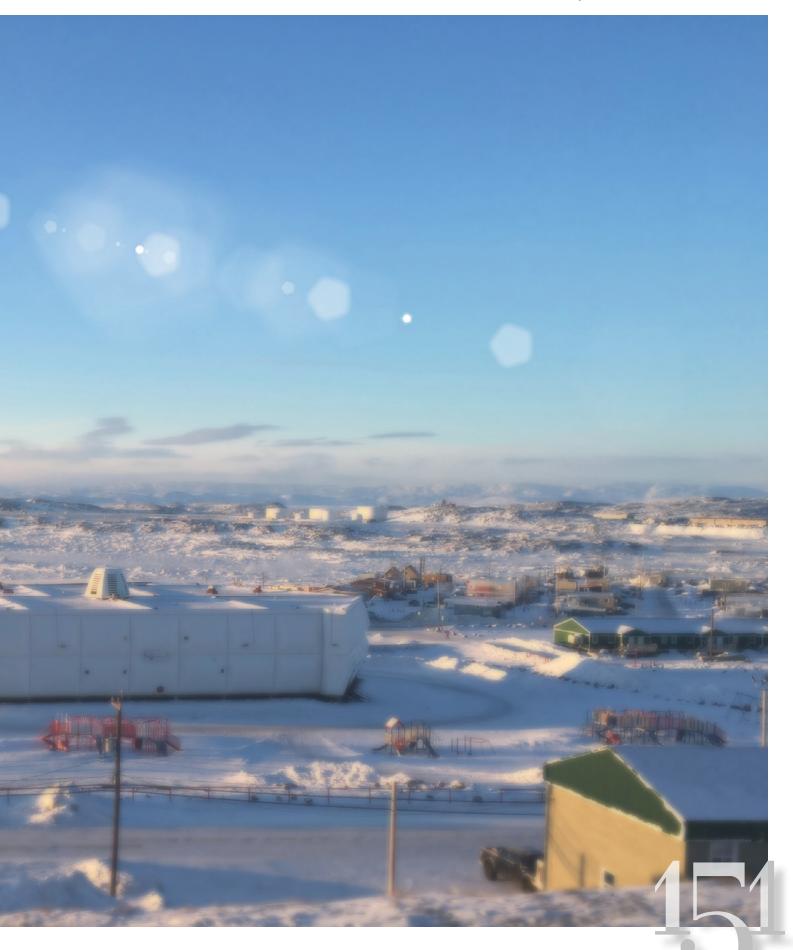






Piliriqatigiinniq/ Ikajuqtigiinniq ለ⊏ሴ ቴብሶ ጐ ም ሳ ፊ ቴተ ግ ስ ጐ ም [Working together for a common cause] Inuit Qaujimajatuqangit





GEORGE HARRIS COLLABORATIVE